

Swarnamoyee Jogendranath Mahavidyalaya

At+P.O.: Amdabad, P.S.: Nandigram, Dist.: Purba Medinipur, PIN 721650

DEPARTMENT OF PHYSICAL EDUCATION

COURSE OUTCOMES OF COURSES IN BA MULTIDISCIPLINARY STUDIES WITH PHYSICAL EDUCATION

3-YEAR UNDERGRADUATE PROGRAMME

w.e.f. 2023-24

BASED ON CCFUP 2023 & NEP 2020

MAJOR COURSES (MJ)

Semester I

MJ A1/B1 Foundation and History of Physical Education and Sports **4 credits**

CO1: Students will understand the meaning and foundation of physical education

CO2: Students will learn about allied sciences, camping and recreation

CO3: Students will learn about the history of Olympics and physical education

CO4: Students will learn about the contribution of various agencies and scholarships

CO5: Students will learn extensively about the biological, psychological and sociological foundation of physical education

SKILL ENHANCEMENT COURSES (SEC)

SEC1 Athletics **3 credits**

CO1: Students will learn the techniques of running, throwing, jumping