

Govt. Aided General Degree College | Estd.: 2014 At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650 www.sjmahavidyalaya.in| Email: sjmahavidyalaya a gmail.com

# Add-on Course on

## Banglar Bratachari Camp

Conductedby

Department of Physical Education

Swarnamoyee Jogendranath Mahavidyalaya Amdabad, Nindigram-II, PurbaMedinipur, Pin.No.-721650

Venue-College Campas

Session-2019-2020

1.STUDENTS ATTENDANCE RECORDS

"Banglar Bratochani Camp"

Deportment of physical Education - 2019

REGISTER OF ATTEND.

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|               |               |  | S. in                                   | _      | 3,7    |     |      |      |     |     |     |      |      |       |        | _    |      |         |       |          |
| 1.            | 01            | Abhigit Panja Das  |   | P      | +      |     | P    |      |     |     |     |      |      | _     |        |      |      |         |       |          |
| 2.            | 02            | Ananyon Marty  | 145                                     | P      | P      | P   | •    | P    | P   | P   | P   | PH   | P    |       | 3      |      |      |         |       |          |
|               | 04            | Arifa Khafun   | -1 - 3/12                               | P      | P      |     |      |      |     | PH  | 2   | 4    | P    |       | 9      |      |      |         |       | b        |
| 4.            | 08            | Kuheli Bera  |   | P      | P      | P   | -    | P    |     | _   | P   | -    | P    |       |        |      |      |         |       |          |
| 5.            | 10            | Mashumita Das  |   | P      | P      | •   | P    | P    |     |     | -   | -    | _    |       |        | 4 1  |      |         |       |          |
| · 6· 7. 8. 9. | 13            | Papiya Sasmal  | -                                       | P      | P      | P   | P    |      | PH  | PH  | PH  | PI   | P    | 1     |        |      |      |         |       |          |
| 7.            | 14            | Pratvasha Das  |   | P      | P      | P   | •    | P    | PH  | D.  | H   | PH   | P    |       |        |      |      |         |       |          |
| 8.            | 18            | Rupali Jana  | 14                                      | P      | P      | P   | P    | P.   | f   | 4   | 2-1 | 2    | P    | -     | 1      |      |      | 1       | 100   |          |
| 9.            | 10)           | Suchitra Berg  | Ĩ                                       | 8      | •      | P   | P    | P.   |     | Pf  | 1   | 2    | P    |       |        | 0.   |      |         |       |          |
| 10.           | 21            | Pumana Mondail   |   | P      | P      | P   | P    | PI   | 21  | PF  | 2   | -    | P    |       |        |      |      |         | 7     |          |
| 11-           | 22            | Sumit Mondal   |   | P      | •      | P   | P    | 21   | 21  | 2.1 | f   | 1    | P    | 1     |        |      |      | in land |       |          |
| 12-           |               | Sumita Manna   |   | 8      | P      | P   | P    | P -  | F   | P   |     | 1    | 2    |       |        |      |      |         |       |          |
| 13            | . 25          | Suagafa Manna  |   | P      | P      | •   | PS   | 1    | 1   | 1   | T   | F    | )    |       |        |      |      |         |       |          |
| 14            | 26            |  |   | P      | •      | P   | p .  | ¥    | 4   | 1   | 1   | 2 8  |      |       |        |      |      | -       |       |          |
| 15.           | 27            | Aviit Pradhan  | 1                                       | P      | P      | P   | . 1  | 9    | 7   |     | F   | P    | )    |       | 100    |      |      | -       |       | Bernicas |
| 16            | 28            | Bille Mondal   |   | P      | P      | P   | P    | p -  | P   | 1   | P   | P    |      |       |        |      |      |         | 133   |          |
| 17            | . 30          | Dioshika Das   | : _                                     | P      | P      | P   | PI   | )    | F   | P   |     | P    | )    |       |        | M    | 1    |         |       |          |
| 18            | 31            | Indrazit Pasmal  | 1                                       | P      | •      | P   | PJ   | J    | P   | P   | F   | P    |      | 1 57  |        | 常    | 15.5 | 117.    |       |          |
| 19            | . 32          | - Manzie rani mandail  | 3 -                                     | P      | P      | P   | P    | ·-f  | f   | f   | f   | P    | )    |       |        |      |      |         |       |          |
| 20            | . 33          | Nirupama Croyen  |   | P      | P      | P   | PX   | 2    | L   |     | P   | P    |      |       |        | -    |      |         |       |          |
| 21            |               | Pinky Guehhalit  |   | P      | P      | P   | ₽    | ·A   | P   | P   | F   | P    | ?    |       |        | 1    |      |         | - kal |          |
| 22            |               | Pratima Jana   | The second                              | P      | •      | P   | P    | 7    | F   | P   | P   | P    |      |       |        |      |      |         |       |          |
| 23            | -             | Rintu koyel  | 1 10                                    | P      | P      | P   | P    | f    | P   | P   | P   | P    |      |       | 1      |      | 125  |         |       |          |
| 24            | . 39          | Mounita Guchhait   | _                                       | P      | •      | P   | PH   | 2 F  | P   | P   | P   | P    |      |       | 3      | 佳    |      | *       |       |          |
| 2!            | , 40          | Riya Das   | 1                                       | P      | P      | 2   | P    | P    | F   | P   | P   | P    | -    | 100   |        |      |      |         |       |          |
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| Marie Co      | A. Marie      |  |   | 18     | 167    |     |      |      |     |     |     |      |      |       | -      | 1    | 130  | 7.      |       | X        |
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| -             | -             | Sonjoy Samanta Course Coordinator  | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | -      | -81    | IAR | MAN  | MEE  | too | RNI | RA  | NAT  | H M  | AHA'  | VID    | ALA  | YA   |         |       |          |
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### Syllabus of the Add-on Course Organized by Department of Physical Education

3.SYLLABUS COVERED

### Bratachari

Unit-I: Science of Bratachari

- a) What is "Brata"?
- b) Who are the "Bratachari"?
- c) Ideals & Aims of Bratachari.
- d) Five Aims of Bratachari.
- e) Importance of Bratachari.
- f) Joyful Learning in Bratachari.

### Unit-II: Play Songs

- a) Bangla Bhumir Dan
- b) Prarthona
- c) KrityeNritye
- d) Sari Gan
- e) Jhumur

#### Unit-III: Songs

- a) Prarthona
- b) Joy Sonar Banglar
- c) Bangla Bhumir Dan
- d) KrityeNritye
- e) Narir Mukti
- f) Chal Hoi
- g) Sari Gan

#### Unit-IV: Nursing

- a) What is First-Aid and Why is First Aid?
- b) Use of Tri angular Bandage
- c) Details of Rip Knott, Clovich

Samjay Samanta Course Coordinators Sanjay Samanta

Course Coordinator Swamamoyee Jogendranath Mahavidyeleya asslaming

Teacher-in-charge Dr. Anindya Kisor Bhoumik

Tencher-in-Charge swarnamoyee Jogendranath Mahavidyalaya Amdabad, Purba Medinipur, Pin-721650



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4.TIME-TABLE: Offered Once in the Assessment Period in 2018-2019

## Routine of the Add-on course

|                   | Day       | Date   | Time         | Title of Lucture/Practical  | Name of the Teacher   | Remarks |
|-------------------|-----------|--|--------------|---|---|---------|
|                   | Sunday    | 13.01.19   | 6:00<br>a.m. | Welcome address by Sanjay Samanta, head of the Department& Program Co-Ordinator Importance of this Add-on course by Sanjit DebnathTIC,SwarnamoyeeJogendr anathMahavidyalaya and Dr.Anindya Kisor Bhoumik,President, SwarnamoyeeJogendranathMahavi dyalaya |   |         |
|                   | Monday    | 14.01.19 6:00 Unit-I Sanjay Jana, Expert of Bratachari |              |   |   |         |
| Session 2019-2020 | Tuesday   | 15.01.19   | 6:00<br>a.m. | Unit-I b) Who are the "Bratachari"? c) Ideals & Aims of Bratachari.   | Sanjay Jana, Expert of<br>Bratachari  |         |
|                   | Wednesday | 16.01.19   | 6:00<br>a.m. | Unit-I d) Five Aims of Bratachari e) Importance of Bratachari   | Sanjay Samanta, State Aided College Teacher-II & Head Department of Physical Education, SwarnamoyeeJogendranathMah avidyalaya |         |
|                   | Thursday  | 17.01.19   | 6:00<br>a.m. | Unit- I<br>Joyful Learning in Bratachari  | Sanjay Jana, Expert of Bratachari   |         |



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| Friday   | 18.01.19 | 6:00         | Unit-II  | Sanjay Jana, Expert of                            |
|----------|----------|--------------|--|---|
| 14       |          | a.m.         | a) Bangla Bhumir Dan<br>b) Prarthona   | Bratachari  |
| Saturday | 19.01.19 | 6:00<br>a.m. | Unit-II<br>a) KrityeNritye   | Sanjay Jana, Expert of  Bratachari                |
|          |          |              | <ul><li>b) Sari Gan</li><li>c) Jhumur</li></ul>  |   |
| Sunday   | 20.01.19 | 6:00         | a) What is First-Aid and   | Sanjay Samanta, State Aided                       |
|          |          | a.m.         | Why is First Aid?<br>b) Use of Tri - angular   | College Teacher-II & Head  Department of Physical |
|          | 0 20 20  |              | Bandage c) Details of Rip Knott,   | Education,  |
|          |          | 10           | Clovich  | SwarnamoyeeJogendranathMah<br>avidyalaya          |
| Monday   | 21.01.19 | 6:00         | Unit-III   | Sanjay Jana, Expert of                            |
|          |          | a.m.         | <ul><li>a) Prarthona</li><li>b) Joy Sonar Banglar</li><li>c) Bangla Bhumir Dan</li></ul> | Bratachari  |
| Tuesday  | 22.01.19 | 6:00         | Unit-IV  | Sanjay Jana, Expert of                            |
|          |          | a.m.         | d) KrityeNritye e) Narir Mukti f) Chal Hoi g) Sari Gan                                   | Bratachari  |

Sanjay Samanta Course Coordinators Sanjay Samanta

Course Coordinator Swamamoyee Jogendranath Mahavidyalaya atshanning

Teacher-in-charge
Dr. Anindya Kisor Bhoumik

Teacher-in-Charge
3WARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Amdabad, Purba Medinipur Pin-721650

## 5. AWARD LIST WITH TOP FIVE STUDENTS' MARKS HIGHLIGHTED WHOSE CERTIFICATES ARE ATTACHED THEREAFTER.

### Swarnamoyee Jogendranath Mahavidyalaya

Amdabad, Nandigram-II, Purba Medinipur, PIN-721650
Department- Physical Education
Award list of Add-on Course Examination -2018-2019
Course Title- Banglar Bratachari Camp.

| Sl.No | Students Name     | Course Roll No. | Full Marks | Marks Obtained |
|-------|-------------------|-----------------|------------|----------------|
| 01    | Abhijit Panja Das | 1               | 25         | 17             |
| 02    | Ananya Maity      | 2               | 25         | 16             |
| 03    | Arifa Khatun      | 4               | 25         | 18             |
| 04    | Kuheli Bera       | 8               | 25         | 17             |
| 05    | Madhumita Das     | 10              | 25         | 16             |
| 06    | Papiya Sasmal     | 13              | 25         | 20             |
| 07    | Pratyasha Das     | 14              | 25         | 19             |
| 08    | Rupali Jana       | 18              | 25         | 19             |
| 09    | Suchitra Bera     | 19              | 25         | 20             |
| 10    | Sumana Mondal     | 21              | 25         | 17             |
| 11    | Sumit Mondal      | 22              | 25         | 19             |
| 12    | Sumita Manna      | 23              | 25         | 18             |
| 13    | Abhijit Mondal    | 26              | 25         | 19             |
| 14    | Avijit Pradhan    | 27              | 25         | 18             |
| 15    | Biltu Mondal      | 28              | 25         | 17             |
| 16    | Dipshika Das      | 30              | 25         | 18             |
| 17    | Indrajit Sasmal   | 31              | 25         | 17             |
| 18    | Manju Rani Mandal | 32              | 25         | 19             |
| 19    | Nirupama Gayen    | 33              | 25         | 21             |
| 20    | Pinky Guchhait    | 34              | 25         | 22             |
| 21    | Pratima Jana      | 36              | 25         | 22             |
| 22    | Rintu Koyel       | 38              | 25         | 18             |
| 23    | Moumita Guchhait  | 39              | 25         | 19             |
| 24    | Riya Das          | 40              | 25         | 16             |
| 25    | Swagata Manna     | 25              | 25         | 17             |

Source Saman fa
Course Coordinator
Swarnamoyee Jogendranath Mahavidyelaya

aBlantua 22.41.19

Teacher-in-Charge SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA Amdabad, Purba Medinipur Pin-721650

### SwarnamoyeeJogendranathMahavidyalaya

Amdabad, Nandigram-II, PurbaMedinipur, PIN-721650 **Department- Physical Education** Add-on Course Examination -2018-2019 Course Title-Banglar Bratachari Camp

Time: 1 Hours

Max.Mark: 25

### A. Answer any 15 questions -

 $1 \times 15 = 15$ 

- 1. Who founded the Bratachari movement in 1866?
- A) Raja Ram Mohan Roy
- B) Keshab Chandra Sen
- C) Debendranath Tagore
- D) Ishwar Chandra Vidyasagar
- 2. What was the primary focus of the Bratachari movement?
- A) Promoting Bengali nationalism
- B) Eradicating social evils and promoting religious reform
- C) Encouraging industrialization and economic growth
- D) Supporting British colonial rule
- 3. Which Bratachari principle is reflected in Bangla Bhumir Dan?
- a) Selfishness and greed
- b) Self-discipline and selflessness
- c) Individualism and competition
- d) Materialism and wealth accumulation
- 4. How does Bangla Bhumir Dan embody the spirit of Bratachari?
- a) By forcing people to donate land
- b) By encouraging voluntary land donation for social good
- c) By promoting land ownership and wealth accumulation
- d) By ignoring social and economic inequalities
- 5. What is a potential outcome of combining Bratachari principles with Bangla Bhumir Dan?
- a) Increased social and economic inequality
- b) Greater self-awareness and social responsibility
- c) Decreased focus on personal growth and development
- d) Reduced community engagement and participation
- 6. What is the primary focus of Bratachari Parthona?
- a) Material wealth and success
- b) Self-discipline and personal growth
- c) Social status and recognition
- d) Emotional indulgence and pleasure
- 7. What is the ultimate goal of Bratachari Parthona?
- a) To achieve perfection
- b) To gain social approval
- c) To cultivate self-awareness and inner strength
- d) To attain wealth and power
- 8. How does Bratachari Parthona impact daily life?
- a) By promoting indulgence and excess
- b) By encouraging self-reflection and mindfulness
- c) By dictating strict rules and regulations
- d) By ignoring personal growth and development
- 9. What is the primary focus of Bratachari Parthona?
- a) Material wealth and success
- b) Self-discipline and personal growth
- c) Social status and recognition
- d) Emotional indulgence and pleasure

- 10. Which of the following is a key aspect of Bratachari Parthona?
- a) Unrestricted freedom and spontaneity
- b) Self-control and moderation
- c) External validation and praise
- d) Constant entertainment and leisure
- 11. What is the ultimate goal of Bratachari Parthona?
- a) To achieve perfection
- b) To gain social approval
- c) To cultivate self-awareness and inner strength
- d) To attain wealth and power
- 12. What is the primary theme of Bratachari Sari Gan?
- a) Romantic love and relationships
- b) Social justice and activism
- c) Spiritual growth and self-realization
- d) Material wealth and success
- 13. What is the purpose of singing Bratachari Sari Gan?
- a) To seek external validation and praise
- b) To cultivate inner peace and self-awareness
- c) To express emotional turmoil and distress
- d) To demonstrate musical talent and ski
- 14. How do Bratachari Sari Gan contribute to personal growth?
- a) By distracting from internal struggles
- b) By promoting self-reflection and introspection
- c) By encouraging external actions and behaviors
- d) By ignoring emotional and spiritual needs
- 15. Which Bratachari principle is applied in First Aid situations?
- a) Selfishness and individualism
- b) Self-discipline and selflessness
- c) Emotional reactivity and impulsiveness
- d) Materialism and attachment to outcomes

## B. Answer any 1 question-

 $10 \times 1 = 10$ 

- How has Bratachari addressed gender-based discrimination and violence, and what impact has it had on women's I. lives and societal attitudes?
- Analyse the role of Bratachari in promoting social justice and human rights, highlighting its initiatives and strategies for addressing social inequality, gender-based discrimination, and environmental degradation. 11.

SWARNAMOYEL JOGENDRANATH MAHAVIDYALAYA Name Papyor Sousmal Yr BA Gend. Ind. JCM Hons.) Roll No 13



A 1) Who founded the Bratachari Movement in 18669 O keshab chandna sen 2) What was the Proimary focus of the Bratachani movement? > @ Enadicating social evils and promoting religion refron 3) Which Bratachani Principle is reflected in Bangla
Bhumin Dan? > 6 self-discipline and selfless ness 1 1) How does pangla Bhumin pon embody the spinit of Brotachari? >@ By Promoting land ownership and weath accumulation
What is a Potential outcome of combining Bratawhat is a Potential outcome of combining Bratawhat is a Potential outcome of combining Bratabland bound bound

Chani Principles with Bangla Bhumin bound

Chani Principles with Bangla Bhumin bound

Social responsibility

To uneaten Self-awareness and social responsibility 6) What is the Primary focus of Brotachani Parthona?

> 6) self-discipline and Personal Con growth (1) What is the vitimate goal of Bratachani Parthona?

>0 to a whiere perfection

8) How does Bratachani Panthona impact dayy life? By encouraging self-reflection and mindfulness (1) 3) what is the Proimary focus of Broda charoi Parothonas > 5 self - discipline and Pensonal growth which of the following is a key aspect of con Broada chan ⇒ © self-control and moderation (1 11) What is the ultimate goal of Brotachari Parthona > 10 To cultivate self-awareness and Inner strength 12) what is the Primary theme of Brota chari Sari > @ @ spiritual growth and self- recolization 13) what is the Pumpose of Jinging Bratachani Sani Man 2 > To evitivate inner reace and self-awareness 19) How do Bratachari sari man contribute to Pensonal Anowth? > by promoting self-nefletion and introspection Which Brotachani principle is applied in First Aid Situations ? > Doself-discipline and selflessness.

tow has Bratachami addressed genden-basted. discrimination and to violence, and what impact has it had on women's lives and societal attitudes? (10 manks) > Bratachan has addressed gender-bassed disonim-Orender-sensitive education: Promoting gender equational and chousenging stened types to in educational fraging of stened types to in training training Empowenment pritfatives: proponding training, Skill development, and economic opportunities for community engagement: engaging men and women in community-based inflavies to promote gender Brotachani addressed gender-bassed violence @ support services: Providing bounselling, legal aid, and shelter support for survivors. Awareness campaigns: organizing campaigns and events to raise awarmess about genden-bassed violence. community mobilization is mobilizing community members to prevent and nespond to genden-bassed violence.

## Impact on women's Lives:

- D'Empowered women: enhanced women's autonomy, decision-making powen, and economie independence
- 1 Improved well-being: reduced genden-bassed violence and improved thy sical and mental well-being
- Dinespeased participation in eneased women's participation in Education, work force, and community decision-making.

Impact on societal Attitudes:

- Ochouenged stemestypes och whenged genden sensitive stemestypes and brosse; promoting genden-sensitive attitudes.
- @ promoted genderequality: promoted gender Equality and homen's nights, influencing socieatal norms and vouces.
- conective action against genden-bassed discrimination and violence.

- (1) who founded the Bratochari movement in 1866? 
  (3) Keshali chandra sen.
- (2) What was the proimary focus of the Bradachari movement >(3) Enaclicating social exils and promoting meligious ralforom.
- (3) which Bratachari proinciple is reflected in Bangla Bhumin Dan?
  - (1) self-discipline and self lessness (1)
- (4) How does songla shumin Don embody the spirit of Broatachari -
  - Social good. I denotion for
- (5) What is a potential outcome of combining pratachari principles with Bangla Bhumin Dan \_
  - (D) Reduced community engagement and participation.
  - (6) what is the primary focus of Broatachari parthona-

(7) What is the ultimate goal of Broatachani parthona C) To cultivate seff-awareness and inner strongth (8) How does pratochari parthona impact daily life -> (c) By dictating strict rules and negulations. (9) what is the primary focus of Bratachari parthona. >(16) self-discipline and personal growth (1 10) which of the following is a key aspect of Bratachari parthona. Reself-control and moderation (1) what is the ultimate goal of Broatachare parthona. (C) To cultivate self-awwreness and inner strongth. 12) what is the proinary theme of Browtochari sari Gran. 200 spiratual growth and self-pealization. What is the purpose of singing Bratachari sari Gran (C) To cultivate inner peace and self awareness. How do Bratachari Sari Gran contribute to personal 2) & By promoting self-refliction and introspection

(15) which Broatachari proinciple is applied in first Aid situations > (6) seff-discipline and sefflessness How has omajachari addressed gender leased discrimation and violence, and what impact has is had on women's lived and societal attitudes? > Bratachari has addressed gender based discrimination through: (i) Gunder-sensitive education: promoting gender equality and challenging stereotypes in educational programs. in Empowerment initiatives: produing toaining, skill divelop. ment, and economic oppositunities for women. changes and legal neforms to protect women's night. Broatachari has addressed gender-based violence through. (i) support service: providing counselling, legal and aid, and shelter support for survivors. i Awareness campaigns: onganizing campaigns and events to paise awareness about gender-based violence. in community mobilization: mobilization community members to proevent and nespond togender larged

Impact on Women's Lives (i) Empowered women: enhancement women's autonomy ducis ion: making powers and economic independence; in Improved well-being: neduced gender-leased withing and improved physical and mental well-being in increased participation: increased women's parties patie in education, work fonce, and community decision. Impact on societal Attitudes (i) challenged stereotypes: challenged genelir stereotypes and liveses, promoting gender-sensitive affitudes. ie promoted gender equality: promoted gender equality and women's rights, influencing societal norms and values. in Encouraged collective action: encouraged. collective action sprinst gender based discrimination and violence. B. I sould the colorest of the color of the insoft for ite; ministration 10 1 miles of the House of the tree. A CONTRACTOR OF THE PROPERTY O



A. Dwho founded the Broate charif movement in 1866 : -- B Keshab Standra Sen.

2) What was the Primary focus of the

Broata Chari movement?

-B) Ereadilating social evils and proomoting rapidions weren

3) which Broat a charif Proincitletis needlected

in Bangla Bhumin Dan?.

- DSelfishness and grace of

THOW does Bangla Bhumin Dan Embody the spirit of Broater Chani?

-BBI encouraging voluntary land donation for Social Tocal

5) What is a Potential outcome of combining Broadachari Principles with Bangla Bhuman Dans

DGroeater self-awardeness and Social mesponsibility.

@ what is the Prof marox focus of Brogachani Parothona? - @ Solf discipline and personal DWhat is the Ultimate Hoal of (1)
Broatachari Parethona? - ETTO CULTIVATE Self-awareness and inner stronger. 8) HOW does Broada charer Parethona impact daily life? - BBy encotinating selfraestection and mindswiness. Dishay is the Promaros Boots of Broater chari farathona? - @ Soto discipline and Personal 10 Which of the following is a kert aspect Of BroataCharol Parothona? - 6) Sete-condrol and moderation. What is the Will made goal op. Broatachari Parothona? - 10 cultivate soft gwareness and Trans Strongth. Diwhat is the primary theme of Broatachari Sari Ganz Osphartual growth and selfwhat is the purpose of singing

- miles dollarship

Bratachard Sani Gran? DTO CUITIVATE FINER PEOCE and Seif-awareness. (19 HOW do Bratachari Sarri Gan Contribute to Personal growth? - @BX Promoting SOLP-neplection and immospection. B) Which Broater Charol Protect Ple is applied En First Aid Situations? - 50Selfdiscipline and soffessiness. B. DHOW has Broatachard addressed render based has discretimentation and violence, and what impact has it had on women's lives and societal attitutes? > Broatacharol has addressed grender-pased. Liscoimenation through: OGENETO SINSBY WE Education: Promoting stereotypes in excationy pro & roams. DEMPOWERMENT INITIATIVES: PROVIDING HOGINAR, Skill de velopment, and economic offortunites for women Dommunity engagement: engaging men and Women In Communistat-based Printer two to Promote rehiber equality. (4) Advocact and Polict The Wence: advocating for PORCE Changes and legal recogning to produce women's rolates. Broatachari has addressed stender based violence

Through:

DSUPPORT SERVICES: Providing counseling, 1 egal aid,

and Sherter Support for Survivors.

DAWareness campaigns: Organizing campaigns

and events do raise awareness about gendera

based volence.

3) community mobilization: mobilizing community

members to provent and respond to gendera based

violence.

D collaboration with authorities: collaborating will

taw ensorce more antitudical authorities to

ensure Justice for survivors.

I mpact on women's Lives:

O Empowered women; enhanced waman's authoramy,

decision-making provers. On Bronamis for 1000.

DEMPOWERED Women: Enhanced wamen's audenamy, decision-making powers and economic Pndependence. DIMProved well being: raduced grenders based violence and mental well-being.

Dincroesed paraticifaction, incroeased women is communisted decision making

Impact on societal Astitutes:

O charlen and spensed tipes: Charlen and senden sursettive attitudes.

DEncouraged collective action: encouraged collective action against gender-based 475crolmination and violence.

Paraday historia

SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Name Pinky Cruchhout

Yr B A Gen 12 nd Franthons.) Roll No - 34

(22) 25 Remanto 22.01.19

1. Who founded the Broutachari movement in 1866?

=) B. Keshab Chandra sen (

- 2. What was the primary focus of the Broadachani movement
- => B. Espadicating social evits and promotting religious reform
- 3. Which Broatachani principle is reflected in Bangla Bhumin Dans
- => b. self-discipline and selfleness-ness
- 4. How does the Bougla Rhumin Dan embody the Spirit of Broata charges
- => b. By encouraging voluntary land donation for social
- 5. what is a potential outcome of combining Bratachari principles with Bangla Bhumir Dans
- >) b. Groender self-awareness and social responsibili
- 6. What is the primary focus of Bratachari partho
- 3) b self-discipline and personal goodsh 1

J. What is the obtimate good of Bratachari para-Thona? c. To coltivate self-awareness and inner strength ( How does Boatachari parthona impact daily Hes b. By encouraging self-neflection and mindfulne What is the promary focus of Broadacharoi par b. self-discipline and personal frouth Which of the following is a key espect of Brow-tacharo; parethona? 10. b. self-control and moderation what is the ultimate goal of Broatachani par Thona? c To cultivate self-avanceness and inner str What is the poimary theme of Browta Chemi Savi Gans c. spiritual growth and self-rogalization.

13. What is the purpose of singing Bratachers; Savi Gan? =) b. To cultivate inner peace and self-awaren 14. How do Bratachari sari Gan contribute to personal growth? 3 b. By promoting self-reflection and introspect 15. Which Bratachari principle is applied in firest Aid Situations? 3 b. self-discipline and selftessness B) 1. How has Bratachari addressed gender-based discrimination and violence, and what impact has it had on women's lives and societal altitudes?

Bratacharoi has addressed gender-based discrimination throught.

1. Gender-sensitive deducation: promoting gender equality and challenging stereotypes in education program.

- 2. Empowerment initializes: providing training, skill development, and economic opportunities for women
- 3. Community engagement: engaging men and women in community based initialities to promote genders equality

Bratechani has addressed genders - based wolence through L'support services providing courseling, legal aid, and Shelters support for survivors.

- 2. Awareness campaigns: organizing campaigns and en to reise awareness about gender-bused vioience:
- 3. Community mobilization mobilizing community members to prevent and respond to gender-based Moience impact on women's lives
  - 1. Enpowered women: enhanced women's cutonomy, de ciston-making power, and economic independence.
    - 2 improved well-being reduced gender-bused violence and improved physical and mental well-being.

impact on Social Attitudes

J. challenged steneotypes; challenged steneotypes an

- blasses, promoting gender-sensitive attitudes.

  2. promoted gender equality: promoted gender equality and
- somen's rights influencing sociated normal and a 3. Encouraged collecting action: encouraged collective action against gender-based discrimination and violence.

Name Peratima Jana Yr B A Genjerd Ment. (Hons.) Roll No 36 22 25 Dimanta 22.01.19

1. Who founded the Breatachani movement in 1866? =) (B) Keshab chandra sen 2. What was the primary focus of the Bratachanie of movement?

2) (a) Enadicating social evils and promoting religious reform. 3. Which Bratachanie principle is retlected in Bargla Bhumin Dan? => (b) Enadicathing Social exits and promothing religious retorm. 1. How does Bangla Bhumire Dan embody the spirait of Oratachanis Gratachani? (b) en encouragent. Voluntary land donation self-descipline and self-learness. I self-learness. 5. What is a potential outcome of combining Bratacha i principles with Bourgla Bhumire Dan? Jb.) Greater Self-auanness and social nesponsibility. 6. What is the posionary foaces of Bratachari parthona?

the wife of the fact so mentioned the property and 3 6) velt-discipline and personal growth. 7. What is the altimate goal of pratachars parth.
30) To cultivate celf-awareness and inner Strong 8. How solver pratachani parthon a impact soily z) b) By encouraging self-noblection and mindfulness. 9. What is the primary focus of Bratachari praathe -na? 2) 6) Self-discipline and pensonal growth. 10. Which of the following is a key aspect of Brata-charie parothona? => 6) celt-control and moderation. 11. What is the ultimate goal of Bratacaki panthona?

=10) To and cultivate self-avanoness and inner 12. What is the posimary theme of Bratacharic =) (i) Speritual growth and self-realization. 13. What is the purpose of singing Pratachanis
Sani Gean? 2) (b) To cultivate inner peace and self-amarieness. 11. How do Bratacharse Sand Gean Contribute to personal growth? 2) (b) By promothing self-restlection and intraspection 18. Which Bratachani principle is applied in first Aid Situations? 3 60) self-discipline and selflessness. [B. I.] How has pratachasi addressed gendere-based desprimenation on and vaolence, and what import has it had on women's lives and societal attitudes? Dratacharci has addressed grender - based desenter - on Ahnough: I. Gendere - sensitive education : promoting gondere .

ty and challenging s n. Empowerment institutives:—promoting training shill in more appoint.

In ties for women. m. Community engagement; - engaging men and wommen in nontradictes to promote gender equality. iv. Advocacy and policy influence; Advocating for policy changes and legal metors to protect women's nights. Bratachani has addressed gender-based vdolence through is support services; providing counseling; legal aid, and she there is support for survivors. n. Au amaneu campaigns j- ongenizing campaigns and events to naise awareness about gendere-based violence. m. Community modelization; mobilizing community members to prevent and nespond to gendenbased violence. I. Empowered women tenhanced women's autonomy, decision-maring n. Improved well-being - reduced gender-boused violence and improved red physical and mendal well-being. m. Increased participation: \_ increased women's participation;
education, workforce, and community decision-making. Impact on socketal Attitudes of gender steneotypes and binse someting gender - sensitive outsitudes. n. encouraged collective action against gender - based discontinute