

# Department of English

# Swarnamoyee Jogendranath Mahavidyalaya

A State-Aided General Degree College, Affiliated to Vidyasagar University, West Bengal

Invites you to

## A One Day Online Workshop

On

Soft Skills: Emotional Intelligence and Personality Development

Date: 18.04.2023 Tíme: 11 am-5 pm Platform: Google Meet

#### Resource Persons:

Dr Rangeet Sengupta, Assistant Professor, Department of English, Khejuri College, Purba Medinipur, West Bengal

Taniya Neogi, Assistant Professor, Department of English, Mugberia Gangadhar Mahavidyalaya, Purba Medinipur, West Bengal

#### Chief Patron:

Dr Ratan Kumar Samanta, Príncipal, Swarnamoyee Jogendranath Mahavidyalaya.

#### Organizing Committee:

Dr Durba Basu
Course Co-ordinator,
Assistant Professor and Head,
Department of English

Hiya Chatterjee Assistant Professor Department of English

Swagatalakshmi Basu State-Aided College Teacher Department of English

### Course Layout:

### **Emotional Intelligence**

- > Introduction to the concept of Emotional Intelligence
- Significance of emotional intelligence in self-growth, Self-Awareness, Self-Management, Social Awareness & Relationship Management.
- > Identifying the measures of emotional intelligence
- > Techniques of building emotional intelligence.

### Personality Development

- > Definition of Personality
- > Determinants of Personality Development
- > Perception Definition, Perceptual Process
- > Conflict and Stress Management

For registration please contact the Workshop Coordinator, Dr Durba Basu.

## **SCHEDULE**

11 am-11.30 am	
11 am-11.50 am	Welcome address by Dr Ratan Kumar Samanta, Principal, Swarnamoyee Jogendranath Mahavidyalaya  Introduction by Dr Durba Basu, Workshop Coordinator
11.15 am-1.15 pm	Lecture 1: Emotional Intelligence
	Speaker: Ms Taniya Neogi Assistant Professor, Department of English, Mugberia Gangadhar Mahavidyalaya
1.15-1.30 pm	Question and answer session
1.30 pm-2.30 pm	Lunch
2.30 pm-4.30 pm	Lecture 2: Personality Development
	Speaker: Dr Rangeet Sengupta Assistant Professor and Head, Department of English, Khejuri College
4.30 pm-4.45 pm	Question and answer session
4.45 pm-5 pm	Vote of thanks

Phone: 7908040652/7501133806



## SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014 At+P.O.: Amdabad, P.S.: Nandigram, Dist.: Purba Medinipur, PIN 721650 www.sjmahavidyalaya.in| Email: sjmahavidyalaya@gmail.com

Ref. No.: 50/a/23



Date: 31.03.2023

NOTICE

Students are hereby notified that a one-day online workshop on "Soft Skills: Emotional Intelligence and Personality Development", will be organized by the Department of English under the Capacity Building and Skills Enhancement Initiative of our college on 18 April 2023, 11 am to 5 pm, via Googlemeet. The workshop is designed to enhance the employability of students, and students who are about to graduate are particularly encouraged to register. Registration is free for the workshop. Attendees are required to arrange for their own internet connectivity. For registration, and any queries, please contact the Workshop Coordinator, Dr Durba Basu, Head of the Department of English.

B 31.03.2023

Dr Ratan Kumar Samanta PRINCIPAL **Principal** 

Amdabad :: Purbe Medicipur :: Fin-721650

Workshop Coordinator, and Head of the Department of English Head of the Department, Department of English

P ramamoyee Jogendranath Mahavidyalaya . fabad, P.S. Nandigram, Purba Medinipur, Ph.-721660

Phone: 7908040652/7501133806



# SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014 At+P.O.: Amdabad, P.S.: Nandigram, Dist.: Purba Medinipur, PIN 721650 www.sjmahavidyalaya.in| Email: sjmahavidyalaya@gmail.com

One-day Online Workshop on Soft Skills: Emotional Intelligence and Personality Development, 18.04.2023

### Workshop Coordinator's Report

The second one-day online workshop on 'Soft Skills: Emotional Intelligence and Personality Development' was held successfully online on 18.04.2023. Dr Ratan Kumar Samanta, Principal, Swarnamoyee Jogendranath Mahavidyalaya, delivered the welcome address. Thereafter, Dr Durba Basu, Workshop Coordinator, introduced the theme of the workshop and the speakers.

Professor Taniya Neogi, Assistant Professor of English, Mugberia Gangadhar Mahavidyalaya, delivered a thought-provoking lecture on the concept of emotional intelligence. Dr Rangeet Sengupta, Assistant Professor and Head, Department of English, Khejuri College, delivered an insightful lecture covering various aspects of personality development. Both speakers made their presentations interactive, highlighting the importance of emotional intelligence and personality development with regard to the workplace, and used Powerpoint presentations and videos. Both lectures were followed by lively question and answer sessions during which students raised many interesting questions, and had their doubts clarified. The workshop was attended by 25 students of the college. At the end of the proceedings Prof. Hiya Chatterjee delivered the vote of thanks.

Date: 24.05.2023

Dr Ratan Kumar Samanta

Principal Principal

Swamamoyee Jogendranath Mahavidyalaya Amdabad :: Purba Medinipur :: Pin-721650 Dr Durba Basu Workshop Coordinator

