



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014
At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650
www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com

Add-on Course on Banglar Bratachari Camp

Conducted by

Department of Physical Education

Swarnamoyee Jogendranath Mahavidyalaya
Amdabad, Nindigram-II, PurbaMedinipur, Pin.No.-721650

Venue- College Campas

Session- 2019-2020



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014
At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650
www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com

Arrangement of contents:

- Flyer
- Declaration from the Teacher-in-charge
- Report on Course
- Notice for Enrolment
- Syllabus
- Routine
- Students enrolment list
- Notice for Class commencement
- Students Attendance Sheet
- Samples of Certificate
- Photo



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014
At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650
www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com



Add on Course

On

'Banglar Bratachari Camp'

Organized by

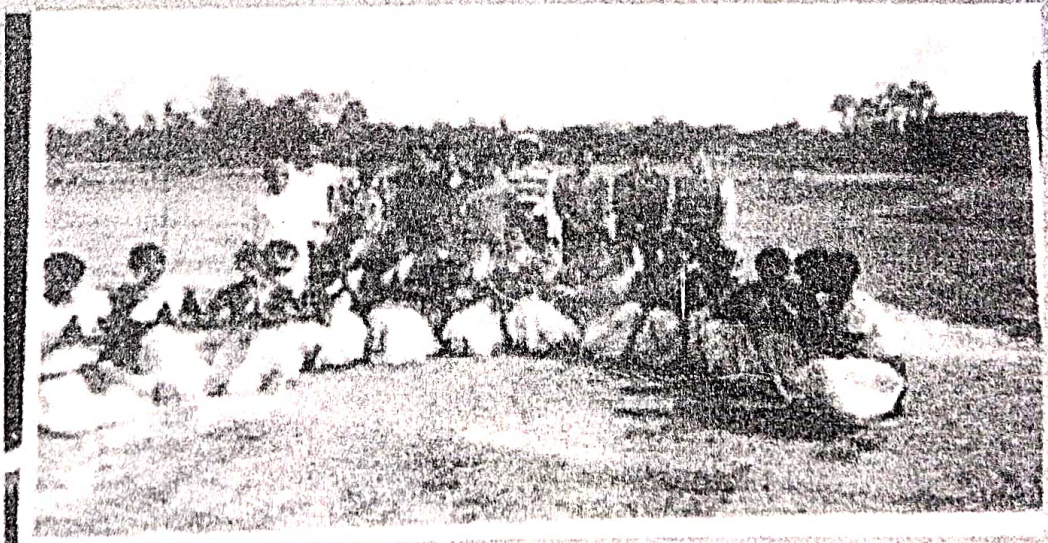
Department of Physical Education

Swarnamoyee Jogendranath Mahavidyalaya

(A Govt. Aided General Degree College Affiliated to Vidyasagar University)

At+P.O.-Amdabad, P.S.- Nandigram, Dist.- Purba Medinipur, PIN- 721650

Schedule - 16 January 2019 to 22 January 2019





SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014
At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650
www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com

Notice No- 2/19

Date-04.01.2019

Notice for Enrolment

This is to notify that the department of Physical Education is going to organize a thirty hours Add on Course on 'Banglar Bratachari Camp' from and on 13.01.2019 to 22.01.2019. Those who are willing to register themselves for the course are advised to fill in the form available in the college office before 10.01.2019.

Sanjay Samanta
04.01.19

Course Coordinators
Sanjay Samanta

Course Coordinator
Swarnamoyee Jogendranath Mahavidyalaya

Dr. Anindya Kisor Bhounik
04.01.2019

Teacher-in-charge
Dr. Anindya Kisor Bhounik

Teacher-in-Charge
SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Amdabad, Purba Medinipur, Pin-721650



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014
At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650
www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com

Syllabus of the Add-on Course Organized by Department of Physical Education

Bratachari

Unit-I: Science of Bratachari

- What is "Brata"?
- Who are the "Bratachari"?
- Ideals & Aims of Bratachari.
- Five Aims of Bratachari.
- Importance of Bratachari.
- Joyful Learning in Bratachari.

Unit-II: Play Songs

- Bangla Bhumir Dan
- Prarthona
- KrityeNritye
- Sari Gan
- Jhumur

Unit-III: Songs

- Prarthona
- Joy Sonar Banglar
- Bangla Bhumir Dan
- KrityeNritye
- Narir Mukti
- Chal Hoi
- Sari Gan

Unit-IV: Nursing

- What is First-Aid and Why is First Aid?
- Use of Tri - angular Bandage
- Details of Rip Knott, Clovich

Sanjay Samanta
Course Coordinators
Sanjay Samanta

Course Coordinator
Swarnamoyee Jogendranath Mahavidyalaya

Anindya Kisor Bhoumik

Teacher-in-charge
Dr. Anindya Kisor Bhoumik

Teacher-in-Charge
SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Amdabad, Purba Medinipur, Pin-721650



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014
 At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650
www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com

Routine of the Add-on course

Day	Date	Time	Title of Lecture/Practical	Name of the Teacher	Remarks
Sunday	13.01.19	6:00 a.m.	Welcome address by Sanjay Samanta, head of the Department & Program Co-Ordinator Importance of this Add-on course by Sanjit Debnath TIC, Swarnamoyee Jogendranath Mahavidyalaya and Dr. Anindya Kisor Bhoumik, President, Swarnamoyee Jogendranath Mahavidyalaya		
Monday	14.01.19	6:00 a.m.	Unit-I a) What is "Brata"?	Sanjay Jana, Expert of Bratachari	
Tuesday	15.01.19	6:00 a.m.	Unit-I b) Who are the "Bratachari"? c) Ideals & Aims of Bratachari.	Sanjay Jana, Expert of Bratachari	
Wednesday	16.01.19	6:00 a.m.	Unit-I d) Five Aims of Bratachari e) Importance of Bratachari	Sanjay Samanta, State Aided College Teacher-II & Head Department of Physical Education, Swarnamoyee Jogendranath Mahavidyalaya	
Thursday	17.01.19	6:00 a.m.	Unit-I Joyful Learning in Bratachari	Sanjay Jana, Expert of Bratachari	

Session 2019-2020

SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014

At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650

www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com



Friday	18.01.19	6:00 a.m.	Unit-II a) Bangla Bhumir Dan b) Prarthona	Sanjay Jana, Expert of Bratachari	
Saturday	19.01.19	6:00 a.m.	Unit-II a) KrityeNriyte b) Sari Gan c) Jhumur	Sanjay Jana, Expert of Bratachari	
Sunday	20.01.19	6:00 a.m.	a) What is First-Aid and Why is First Aid? b) Use of Tri - angular Bandage c) Details of Rip Knott, Clovich	Sanjay Samanta, State Aided College Teacher-II & Head Department of Physical Education, SwarnamoyeeJogendranathMah avidyalaya	
Monday	21.01.19	6:00 a.m.	Unit-III a) Prarthona b) Joy Sonar Banglar c) Bangla Bhumir Dan	Sanjay Jana, Expert of Bratachari	
Tuesday	22.01.19	6:00 a.m.	Unit-IV d) KrityeNriyte e) Narir Mukti f) Chal Hoi g) Sari Gan	Sanjay Jana, Expert of Bratachari	

Sanjay Samanta
Course Coordinators
Sanjay Samanta

Course Coordinator
Swarnamoyee Jogendranath Mahavidyalaya

Anindya Kisor Bhoumik
Teacher-in-charge
Dr. Anindya Kisor Bhoumik

Teacher-in-Charge
SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Amdabad, Purba Medinipur Pin-721650



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014
At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650
www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com

Registration

For

“Banglar Bratachari Camp” to be held on 13.01.2019 to 22.01.2019

Department: Physical Education

Sl.No	Participant' Name	Year/Semester	Signature
01.	Abhijit Panja Das	2nd year	Abhijit Panja Das
02.	Ananya Maity	"	Ananya Maity
03.	Arifa Khafun	"	Arifa Khafun
04.	Kuheli Bera	"	Kuheli Bera
05.	Madhumita Das	"	Madhumita Das
06.	Papiya Sasmal	"	Papiya Sasmal
07.	Pratyasha Das	"	Pratyasha Das
08.	Rupali Jana	"	Rupali Jana
09.	Suchitra Bera	"	Suchitra Bera
10.	Sumana Mondal	"	Sumana Mondal
11.	Sumit Mondal	"	Sumit Mondal
12.	Sumita Manna	"	Sumita Manna
13.	Swagata Manna	"	Swagata Manna
14.	Abhijit Mondal	"	Abhijit Mondal
15.	Avijit Pradhan	"	Avijit Pradhan
16.	Bittu Mondal	"	Bittu Mondal
17.	Dipshika Das	"	Dipshika Das
18.	Inrajit Sasmal	"	Inrajit Sasmal
19.	Manju Rani Mandal	"	Manju Rani Mandal
20.	Moumita Chelhalit	"	Moumita Chelhalit
21.	Nirupama Grayen	"	Nirupama Grayen

Sanjoy Samanta

Teacher-in-Charge
SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Amdabad, Purba Medinipur. Pin-721650

Sanjoy Samanta
Signature of the HOD



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014
At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650
www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com

Report on Course

Banglar Bratachari Camp was organised by Swarnamoyee Jogendranath Mahavidyalaya Department of Physical Education at college campus on and from 13.01.2019 to 22.01.2019. Every one participated enthusiasm in the event. A variety of item like various bratachari dance and songs practice. G.B members Amrit ranjan Acharya was invite as the chief guest of the event.

The program concluded with words of appreciation by Teacher-in-charge Dr. Anindya Kisor Bhoumik. He also expressed his hope to see such events again infuture.

1. Name of Add-on Course: Banglar Bratachari Camp
2. Course Duration: 30 Hours (3 hours x 10 days)
3. Period: 13.01.2019 to 22.01.2019
4. Course Director: Dr. Anindya Kisor Bhoumik
5. Course Co-ordinators: Sanjay Samanta
6. Course Designer: Dr. Anindya Kisor Bhoum
7. List of the Teachers to be engaged--
 - a) Sri Sanjay Jana
 - b) Sri Sanjay Samanta

Sanjay Samanta
22.01.19

Course Coordinators

Sanjay Samanta

Course Coordinator

Swarnamoyee Jogendranath Mahavidyalaya

Dr. Anindya Kisor Bhoumik

22.01.2019

Teacher-in-charge

Dr. Anindya Kisor Bhoumik

Teacher-in-Charge

SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Amdabad, Purba Medinipur, Pin-721650

ক্রমিক সংখ্যা / সি / 223550 | y - 19

নিবন্ধীকরণ সংখ্যা 19/00143

বাংলার ব্রতচারী সমিতি



নিদর্শন পত্র
সংক্ষিপ্ত ব্রতচারী অনুশীলন

শ্রী সান্দিয়া কামরুল পিতা নাডু কামরুল
২৩.০১.১৯ তারিখ হইতে ২২.০১.১৯ তারিখ পর্যন্ত

স্বর্ণমুখী মোহনদ্রনাথ মহাবিদ্যালয়, আমদাবাদ - দুর্ভোগেদিনাপুর
ব্রতচারী উপশীলন শ্রেণীতে প্রথম পর্যায়ের শিক্ষক শিক্ষণ গ্রহণ করিয়া
সংঘ গঠন ও পরিচালনার দক্ষতা অর্জন করিলেন। অনূ্য তিনমাস শিক্ষণকার্য পরিচালনার পর পরবর্তী পর্যায় মাধ্যমিক শ্রেণীতে যোগদানের যোগ্যতা
অর্জন করিবেন।

(‘ক’ - ৬০%, ‘খ’ - ৫০%, ‘গ’ - ৪০%)

সাধারণ পারদর্শিতা

নৃত্যালি } ২২ শ্রেণী ফৌজালি, ক্রীড়ালি } ২০ শ্রেণী শিল্পালি, সেবালি } ২০ শ্রেণী ব্রতচারী বিজ্ঞান } ২০ শ্রেণী
গীতালি } গীতালি } ব্যায়ামালি } কৃত্যালি }

ব্রতচারী কেন্দ্রভবন

১৯১/১, বিপিন বিহারী গাঙ্গুলী স্ট্রীট

কোলকাতা - ৭০০ ০১২

দূরভাষ : ২২৪১-১৮৩৯

তাং : ০৩.০৩.১৯



অপর সচিব
(শিবির ও শিক্ষণ)

প্রধান সচিব



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014

At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650

www.sjmahavidyalaya.in | Email: sjmahavidyalaya@gmail.com

