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VIRTUAL ARANYA SAPTAH OBSERVATION

(Forest Week)
ORGANISED BY

Nss unit-I and Students' Welfare Committee

DATE & TIME 14th July 2020 at 11 a.m.

Venue: Google Meet





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Notice no- 39/A/20

Date-07.07.2020

Notice

This is to notify that the NSS Unit I and Students' Welfare Committee of Swarnamoyee Jogendranath Mahavidyalaya is going to organize Aranya Saptah Observation on 14th July 2020 at 11 am via Google Meet . All students, faculty members and non-teaching staff are request to attend this programme.

Google Meet link will be provided before the programme.

provodo107.07.2020

Principal / TIC
Swarnamoyee Jogendranath Mahavidyalaya
Teacher-in-Charge
SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Amdabad, Purba Medinipur Pin-721650



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Date-14.07.2020

Report of Aranya Saptah (Forest Week) observation

The NSS unit and Students' Welfare Committee of Swarnamoyee Jogendranath Mahavidyalaya organized an Aranya Saptah (Forest Week) observation event on the 14th of July, 2020. Due to the ongoing COVID-19 pandemic, the event was conducted online via Google Meet. The primary focus of the event was to raise awareness about the importance of forests and to promote tree planting activities.

Prof. Aparesh Mondal(Dept.of Geography), the resource person, delivered an insightful lecture on the significance of forests in maintaining ecological balance and combating climate change. The lecture emphasized the role of individual actions in environmental conservation and encouraged participants to take proactive steps in preserving their local environment.

Participants, including students, NSS volunteers, and villagers, engaged in an interactive discussion with Aparesh Mondal.Next part of event was plantation saplings.Keeping in mind the risk to participants' health due to covid-19, participants were encouraged to plant saplings in their own house areas.A total of 35 students joined alongwith NSS volunteers and villagers. After the plantation the programme ended.

Outcome:

- I). This programme promoted environmental awareness, educates participants about forests and their importance, encouraged active participation in conservation efforts, and fosters a sense of responsibility towards the environment.
- II), It enhanced teamwork and community engagement, even in a virtual setting, as participants share their experiences and learn from each other.

Frand al 14.07.2026
Principal/TIC

Swarnamoyee Jogendranath Mahavidyalaya
Teacher-in-Charge

SWARNAMOYEE JOGENDRANATH MAHAYIDYALAYA Amdabad, Purba Medinipur Pin-721650



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РНОТО









Event: Virtual Aranya Saptah Observation Venue: Google Meet Date: 14.07.20

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MASK DISTRIBUTION PROGRAMME

ORGANISED BY

Nss unit-I

DATE & TIME 15th August ,2020 at 9 a.m.

Venue: College adjacent area(Madhyapally)





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Ref. no-40/20

Date-12.08.2020

Notice

This is to notify that NSS unit 1 of Swarnamoyee Jogendranath Mahavidyalaya is going to organize a Mask Distribution Programme on the occasion of Independence Day on August 15th, 2020 at 9 am. Students along with NSS volunteers and interested faculty members and non-teaching staff are requested to attend the programme by following COVID rules.

Principal/TIC (2

Swarnamoyee Jogendranath Mahavidyalaya

Teacher-in-Charge SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA Amdabad, Purba Medinipur, Pin-721650



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Date- 15.08.2020

Report of the Independence Day celebration and mask distribution 2020

On the occasion of the 74th Independence Day on 15th August 2020, Swarnamoyee Jogindranath Mahavidyalaya's NSS unit celebrated Independence Day in accordance with COVID rules in the college premises. The program started with flag hoisting by Amrit Ranjan Acharya ,G.B Member. Prof. Parimal Mandal, TIC ,SJM spoke about Independence Day. Many teachers, non-teaching staff, NSS volunteers were present there. Many of them paid tribute to the pictures of the freedom fighters to express their gratitude. On this day, , on the occasion of Independence Day NSS unit, Swarnamoyee Jogendranath Mahavidyalaya distributed masks among more than 250 people of adjacent village Amdabad Madyapally to maintain COVID safety rules.

The outcome of this program was commendable as it promoted national pride beside it helped raise awareness about the importance of wearing masks and encouraged responsible behavior among the community members, contributing to the overall efforts to curb the spread of the virus in the area. Additionally, it demonstrated a commitment to public health and safety during a time of celebration, fostering a sense of community responsibility and solidarity.

Principal/TIC Principal/TIC

Swarnamoyee Jogendranath Mahavidyalaya

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Photo









Event: Mask Distribution
Venue: Adjacent Area to the college
Date:15.08.2020

Teacher-in-Charge
SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA
Amdabad, Purba Medinipur. Pin-721650



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FOOD DISTRIBUTION DURING COVID-ORGANIZED BY

NSS UNIT-I

DATE & TIME 5th September 2020 ,11 am

Venue: Amdabad Madhyapally village Amdabad, Purba Medinipur, West Bengal





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Ref.no- 40/B/20

Date-01.09.2020

Notice

This is to notify that the NSS unit 1 of Swarnamoyee Jogendranath Mahavidyalaya is going to organized a Food Distribution Progamme for helpless people on September 5 ,2020 at 11 am. All interested students, faculty members and administrative staff are requested to attend the said programme.

prando 01.09,2020

Swarnamoyee Jogendranath Mahavidyalaya

Teacher-in-Charge >WARNAMOYEE JOGENDRANATH MAHAVIDYALAYA Amdabad, Purba Medinipur Pin-721650



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Date-05.09.2020

REPORT OF THE FOOD DISTRIBUTION, 2020

On 5th September 2020 at 11 am at Amdabad Madhyapally Village, NSS unit of Swarnamoyee Jogendran Mahavidyalaya organised a food distribution program during the COVID to ensure that everyone has access to an adequate and nutritious food supply, especially vulnerable populations who may face food insecurity due to economic hardship or lockdown A total of 25 students alongwith NSS volunteers and staff participated in this program following the COVID rules. Food was distributed to about sixty houses. The program helped alleviate hunger and supported vulnerable communities. This program instills in the students the desire to stand by the helpless people in difficult situations. Food was distributed to about sixty houses.

pmovd of 05.09.2020

Swarnamoyee Jogendranath Mahavidyalaya

Teacher-in-Charge WARNAMOYEE JOGENDRANATH MAHAVIDYALAYA Amdabad, Purba Medinipur Pin-721650



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РНОТО





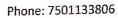




Event: Food Distribution During COVID Venue: Amdabad Madhyapally Date: 05.09,2020

Anardolo5, 09,20,

Teacher-in-Charge swarnamoyee Jogendranath Mahayidyalaya Amdahad, Purba Medinipur, Pin-721650





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ONLINE THALSSEMIA AWARENESS PROGRAM

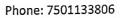
ORGANISED BY

NSS UNIT-I In collaboration with Reyapara Rural Hospital

> Date:8th May ,2021 Time-11 am

Venue: Google Meet







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Notice no- 27/A/21

Date-03.05.2021

Notice

This is to notify that Swarnamoyee Jogendranath Mahavidyalaya is going to organize a Thalassemia Awareness Programme on virtual mode through Google meet on 8th May, 2021 at 11 AM.The said programme will be organized by NSS Unit-I, in collaboration with Reyapara Rural Hospital. All students along with NSS volunteers and interested staffs are requested to join this programme in due time.Google Meet link is given below.

Google Meet Link: https://meet.google.com/ign-gxcf-kjq

Principal

Swarnamoyee Jogendranath Mahavidyalaya

Principal



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Ref. no- 27/A/ 21

Date-03.05.2021

To The Block Medical Officer of Health ,Reyapara Rural Hospital, Purba Medinipur

Subject: Request for Permission and Collaboration for Online Dengue Awareness Programme

Dear Sir/Madam

I am writing to you on behalf of the National Service Scheme (NSS) unit of Swarnamoyee Jogendranath College. In light of the ongoing COVID-19 pandemic, we recognize the importance of raising awareness about various health issues through virtual platforms.

We are planning to organize an online Thalassemia awareness program on May 8, 2021. This initiative aims to educate the community about Thalassemia, its implications, and the importance of early detection and management. Given Reyapara Hospital's commendable reputation in healthcare and community service, we believe that your support and collaboration would greatly enhance the effectiveness of this program.

We would be honored to have experts from Reyapara Hospital join us as resource person in this program. Your team could provide valuable insights on Thalassemia, answer participants' questions, and share best practices for managing the condition.

We are eager to work with you to ensure the success of this awareness program and to make a positive impact on our community during these challenging times.

Thank you for considering our request. We look forward to your positive response and to a fruitful collaboration.

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Reapality Rings Hospital

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Content

Yours sincerely

Principal/TIC

Swarnamoyee Jogendranath Mahavidyalaya

Principal

Phone: 7501133806



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

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Date- 08.05.2021

Report of Online Thalassemia Awareness Programme

The NSS Unit of Swarnamoyee Jogendranath Mahavidyalaya successfully organized an online Thalassemia awareness programme on May 8, 2021, at 11:00 AM via Google Meet. The event was aimed at raising awareness about Thalassemia, its causes, symptoms, prevention, and management. The resource person for the programme was Dr. Sandipan Mishra, BHOM, from Reyapara. The programme began with a brief introduction by the NSS Programme Officer, who welcomed the participants and introduced the resource person, Dr. Mishra.A total of 38 participants attended the session, including students, NSS volunteers, and some villagers from the local community.Dr. Mishra commenced his talk by explaining the genetic nature of Thalassemia, highlighting how it is inherited from parents to children. He discussed the various types of Thalassemia, such as Thalassemia Major and Thalassemia Minor, and explained the differences between them. He elaborated on the symptoms, which include severe anemia, fatigue, and bone deformities, among others. The resource person also emphasized the importance of early diagnosis and regular blood transfusions in managing Thalassemia. He discussed the role of prenatal screening and genetic counseling in preventing the transmission of Thalassemia to future generations. Additionally, Dr. Mishra touched upon the latest advancements in treatment, such as bone marrow transplantation and gene therapy, which offer hope for a potential cure. Following the informative presentation, there was an interactive Q&A session where participants had the opportunity to ask questions and clarify their doubts. Dr. Mishra patiently answered each query, providing valuable insights and practical advice. The programme concluded with a vote of thanks from the NSS Programme Officer, who expressed gratitude to Dr. Mishra for his enlightening talk and to all participants for their active involvement. The session was wellreceived by the attendees, who appreciated the knowledge shared and the importance of raising awareness about thalassemia.

Outcome:

I)The programme increased awareness about Thalassemia, a genetic blood disorder, among participants. This included understanding its causes, symptoms, and the importance of early detection and treatment.

II) Participants adopted preventive measures such as prenatal screening and pre-marital counseling.

Principal

Bam 08.05.21

Swarnamoyee Jogendranath Mahavidyalaya

Principal





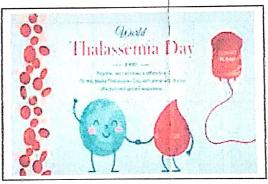
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Photo









Event: Virtual Thalassemia Awareness Programme Venue: Goole Meet Date: 08.05.2021

Principal 88, 05.2/



GOVERNMENT OF WEST BENGAL OFFICE OF THE BLOCK MEDICAL OFFICER OF HEALTH

Reapara Rural Hospital :: Nandigram-II :: Purba Medinipur, e-mail:rrhnandi@gmail.com

Ref. no-

Date- 10.05.2021

Certificate of Appreciation

This certificate is awarded to NSS Unit of SwarnamoyeeJogendranath Mahavidyalaya in recognition of the exceptional effort and dedication demonstrated in organizing an online Thalassemia awareness program on 8th May 2021 via Google Meet. Your commitment to educating and raising awareness about Thalassemia has made a significant impact on our community.

This program, conducted by the NSS unit of SwarnamoyeeJogendranath, has been instrumental in spreading knowledge and understanding of Thalassemia, highlighting the importance of early detection and treatment, and supporting affected individuals and their families.

Your contribution is greatly appreciated and has been invaluable in our efforts to improve public health and wellbeing.

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Reapara Rurdl Hospital
Nandigram Fit Parba Medinipur
Nandigram-II
Reapara R.H., Purba Medinipur



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WEBINAR

on

BIODIVERSITY CONSERVATION AND RESTORATION

ORGANISED BY

NSS UNIT-I

Date: 05th June ,2021

TIME-

Venue: Google Meet





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Notice no- 29/21

Date-29.05.2021

Notice

This is to notify that Swarnamoyee Jogendranath Mahavidyalaya is going to organize a Webinar on Biodiversity Conservation and Restoration on 05th June, 2021 at 6 PM through Google Meet .The said programme will be organized by NSS Unit-I, All students along with NSS volunteers and interested staffs are requested to join this programme in due time. Google Meet link will be provided before the programme.

Principal/TIC

Swarnamoyee Jogendranath Mahavidyalaya



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Date-05.06.2021

Report on the Webinar: "Biodiversity Conservation and Restoration"

* Introduction:

Swarnamoyee Jogendranath Mahavidyalaya commemorated World Environment Day by hosting an insightful webinar entitled "Biodiversity Conservation and Restoration" on June 5, 2021. This event focused on the critical issues surrounding biodiversity loss, the need for conservation efforts, and strategies for ecological restoration.

* Event Details:

Date: June 5, 2021

Location: Swarnamoyee Jogendranath Mahavidyalaya (Virtual Platform- Google Meet)

Occasion: World Environment Day

Objectives:

The primary objectives of the webinar were:

- To educate attendees on the importance of biodiversity for ecological balance.
- To discuss current challenges in conserving biodiversity.
- To explore effective measures for the restoration of degraded ecosystems.

* Keynote Speakers

The webinar featured several esteemed speakers, including:

- Dr. Anirban Roy, Research Officer, West Bengal Biodiversity Board, Govt. of West Bengal
- Dr. Anindya Kisor Bhaumik, Ex-Principal, Bajkul Milani Mahavidyalaya, Bajkul, Purba Medinipur
- President, Swarnamoyee Jogendranath Mahavidyalaya Department of Environment, Amdabad, Purba Medinipur
- Discussions



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Key points covered during the webinar included:

- The role of community involvement in conservation initiatives.
- The impact of climate change on biodiversity and how restoring ecosystems can help mitigate this.
- Impovative technologies and methods for tracking and enhancing biodiversity.

Andience Engagement

The webiner successfully engaged a diverse group of perticipents, including students, educators and local people of Amdabad and Barimal village. There were approximate 70students who have successfully attended the online programme. Interactive Q&A sessions allowed for lively discussions and provided clarity on complex topics presented by the speakers.

· Outcomes

The webiner concluded with a collective call for action to integrate biodiversity conservation into local and global environmental policies. It also emphasized the need for ongoing education and community participation in restoration activities. Some specific outcomes are as follows-

1. Enhanced Awareness and Knowledge Sharing

- Participants gained a deeper understanding of biodiversity's role in ecological stability and human well-being. The event highlighted the interconnectedness of ecosystems and the consequences of biodiversity loss.
- The webinar facilitated the dissemination of latest research and practices in the fields of conservation and restoration.

2. Community Involvement and Empowerment

 The discussions underscored the importance of local community involvement in conservation efforts. Practical strategies were shared for communities to initiate or enhance their own conservation projects.



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 A special emphasis was placed on empowering young people and students through education and involvement in local biodiversity projects.

Conclusion

The "Biodiversity Conservation and Restoration" webinar effectively highlighted the urgent need for concerted efforts in preserving and restoring our planet's biodiversity. It left participants better informed and motivated to contribute to conservation efforts in their communities.

Principal/TIC

Swarnamoyee Jogendranath Mahavidyalaya

Principal



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Photo









Event: Webinar on Biodiversity Conservation and Restoration Venue: Google Meet

Date: 05.06.2021





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ONLINE DENGUE AWARENESS PROGRAMME

JOINTLY ORGANISED BY

NSS UNIT-I & STUDENTS' WELFARE COMMITTEE

In collaboration with Reyapara Rural Hospital

Date: 10th June, 2021

Venue: Google Meet





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Notice no- 29/8/21

Date-02.06.2021

Notice

This is to notify that Swarnamoyee Jogendranath Mahavidyalaya is going to organize a Dengue Awarness Programme on virtual mode through Google meet on 10th June, 2021 at 11 AM .The said programme will be organized by NSS Unit-I and Students' Welfare Committee in collaboration with Reyapara Rural Hospital. All students along with NSS volunteers and interested staffs are requested to join this programme in due time.Google Meet link will be provided before the programme.

Principal/TIC

Swarnamoyee Jogendranath Mahavidyalaya

Principal

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Ref. no- 29/8/21

Date- 02.06.2021

To The Block Medical Officer of Health ,Reyapara Rural Hospital, Purba Medinipur

Subject: Request for Permission and Collaboration for Online Dengue Awareness Programme

Dear Sir/Madam

I am writing to you on behalf of the National Service Scheme (NSS) unit and Students' Welfare Committee of Swarnamoyee Jogendranath Mahavidyalaya. Given the concurrent challenges posed by the COVID-19 pandemic, it is imperative to address other critical public health issues, such as Dengue fever, which continues to pose a significant threat to our community.

We are planning to organize an online Dengue awareness programme aimed at educating the community about the prevention, symptoms, and treatment of Dengue fever. This initiative seeks to empower individuals with knowledge to protect themselves and reduce the spread of this vector-borne disease. In this regard, we kindly request the permission and collaboration of Reyapara Rural Hospital for the successful execution of this programme. Specially, we would be honored to have healthcare professionals from your hospital participate as speakers in our online sessions. Your expertise would be invaluable in providing accurate and detailed information to the participants.

We propose to conduct this online programme on 10.06.2021 using Google Meet adhering strictly to all public health guidelines and protocols to ensure the safety of all participants. We believe that this initiative will significantly benefit our community by enhancing their understanding of Dengue prevention and control measures, thereby contributing to public health safety during these challenging times.

Thank you for considering our request. We look forward to your favorable reply

Warm regards,

Receiving Section
Office of No. B.M.O.H.

Reading thrai Hospital Nandigram: 11.0, Purba Medinipur Your sincerely

Swarnamoyee Jogendranath Mahavidyalaya

Principal

Phone: 7501133806



SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

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Date- 10.06.2021

Report of Online Dengue Awareness Programme

The NSS unit and Students' Welfare Committee of Swarnamoyee Jogendranath College organized an online Dengue awareness program on 10th June 2021 via Google Meet. The session aimed to educate participants about Dengue fever, its symptoms, prevention, and treatment. The program commenced at 11:00 AM with a brief introduction by Prof. Arpita Majumder The key speaker for the event was Dr. Santanu Mahapatra from Reyapara Hospital, Dr. Mahapatra provided a comprehensive overview of Dengue fever, explaining that it is a mosquito-borne viral infection. He detailed the different strains of the Dengue virus and how they are transmitted. Dr. Santanu described Symptoms of Dengue: such as: High fever, severe headache, pain behind the eyes, joint and muscle pain, rash, and mild bleeding. Dr. Mahapatra emphasized the importance of early diagnosis and treatment. He mentioned different types of prevention measures. Lastly Dr. Mahapatra discussed the current treatment protocols for Dengue, A total of 69 participants attended the session, which included students, NSS volunteers, and villagers. Participants actively engaged with Dr. Mahapatra, asking various questions about Dengue prevention and management.

The interactive session helped clarify many doubts and provided valuable insights to the attendees. The program ended with vote of thanks by Prof. Arpita Majumder.

Outcome:

The program successfully raised awareness about Dengue fever among the participants. The attendees gained valuable knowledge on prevention and management, which they can share within their communities to help reduce the incidence of Dengue.

Principal/TIC

Swarnamoyee Jogendranath Mahavidyalaya

Principal



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Photo









Event: Virtual Dengue Awareness Programme

Venue: Goole Meet Date: 10.06.2021

Principal Principal



GOVERNMENT OF WEST BENGAL OFFICE OF THE BLOCK MEDICAL OFFICER OF HEALTH

Reapara Rural Hospital :: Nandigram-II :: Purba Medinipur, e-mail:rrhnandi@gmail.com

Ref. no-

Date- 14.06.2021

Certificate of Appreciation

This certificate is awarded to NSS unit & Students' Welfare Committee of SwarnamoyeeJogendranath Mahavidyalaya in recognition of your outstanding efforts and dedication in organizing the online Dengue awareness program held on June 10, 2021, at 11 AM via Google Meet.

Your invaluable contribution through the NSS unit of SwarnamoyeeJogendranath Mahavidyalaya has played a significant role in raising awareness about Dengue and promoting health and well-being in our community.

Thank you for your exceptional service.

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Reapara Ryral Hospital
Nandigram MIIOParba Medinipur
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Reapara R.H., Purba Medinipur





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One Day Webinar On The Occasion Of International Yoga Day Celebration

Organized By

NSS Unit-I In collaboration with Kanthi Yoga Pranayam Samiti

Date & Time 21st June 2021 At 7:00 A.M.

Venue: Online (Zoom) Amdabad, Purba Medinipur, West Bengal





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SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

At-P.O. Amdabas, P.S. Nandigram, Dict. Purb Medicing, Pilv. 771650 59328734, AMSAN 1806, e-mail - almohavidyalaya@gmail.com

Notice no. 30/21

Date: 19,06,2021

NOTICE

The NSS Unti-1 of Swamminger Jogendranath Mahavidyalaya is organizing a programme to observe International Yoga Day virtually 7 am onwards on 21.06 2021. The Google meet link will be shared on the official Whatsapp groups and teachers are requested to share the link in their respective departmental groups.

All staff and students are requested to be present in the programme.

Banas

Principal 19:06:2021 Swarnemoyes Jogendanach Mohavidyolovy Adalahd C Pirita Melanikes — PG-721650



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Ref.no- 30/A/21

Date- 19.06.2021

To The Secretary Kanthi Yoga Pranayama Samiti Kanthi,Purba Medinipur

Subject: Request for Collaboration in Yoga Webinar to be held on 21.06.21

Dear Sir/Madam

I am writing to you on behalf of NSS Unit of Swarnamoyee Jogendranath Mahavidyalaya with a request for collaboration to organize a webinar on yoga, scheduled for June 21, 2021 at 7 PM, in celebration of International Yoga Day.

As advocates for promoting holistic well-being through yoga practices, we believe that a collaborative effort between our organizations could greatly benefit the community. By joining forces, we can create a more impactful and insightful webinar that educates and inspires individuals to incorporate yoga into their daily lives. We believe that your input and expertise would be invaluable in shaping the webinar and ensuring its success.

We eagerly await your response and the opportunity to collaborate on this exciting initiative.

Thank you for considering our proposal. We look forward to the possibility of working together to celebrate International Yoga Day and spread the transformative power of yoga to a wider audience.

Warm regards,

Your sincerely

Principal/TIC 19:06:2021

Swarnamoyee Jogendranath Mahavidyalaya

Principal

Phone: 7501133806



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Ref.no- 30/A/21

Date- 19.06.2021

To The President, Kanthi Yoga Pranayama Samiti Kanthi, Purba Medinipur

Subject: Request for Collaboration in Yoga Webinar to be held on 21.06.21

Dear Sir,

I am writing to you on behalf of NSS Unit of Swarnamoyee Jogendranath Mahavidyalaya with a request for collaboration to organize a webinar on yoga, scheduled to be held on June 21, 2021 at 7 PM, in celebration of International Yoga Day.

P.O.-Amdabac Dist.-Purba Medi ilpur

we believe that the collaboration between the two organizations could greatly benefit the community in terms of wellbeing. We believe that your input and expertise would be invaluable in shaping the webinar and ensuring its success.

We eagerly await your response and the opportunity to collaborate on this exciting initiative.

We look forward to the possibility of working together to celebrate International Yoga Day and spread the transformative power of yoga to a wider audience.

Warm regards,

Yours sincerely,

La mound 19.06.202)

Principal

Swarnamoyee Jogendranath Mahavidyalaya

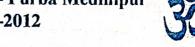
Principal,

Swarnamoyee Jogendranath Mahavidyalaya Andabad, P.S.- Nandigram, Purba Medinipur, Pin-721650

Kanthi Yoga Pranayam Samity

Estd-2011

Vill- Kishorenagar *P.O.+P.S.-Contai *Dist- Purba Medinipur Regd.No.:- S/IL/85906 of 2011-2012



Ref. No. : 05/KYPS/21

Date: 23.06.2021

Certificate of Appreciation

This is to certify that NSS unit of Swarnamoyee Jogendranath Mahavidyalaya has been awarded this certificate in recognition of their outstanding contribution to the successful organization of a webinar on Yoga on 21.06.21, in collaboration with our organization.

Your dedication to promoting the principles and practice of Yoga, and your commitment to fostering health and well-being within the community are commendable. Your efforts have significantly enriched the lives of those who participated, and your leadership has been instrumental in creating a memorable and impactful event.

≥ 23.06.2021

Kanthi Yoga Pranayama Samity

Kanthi Yoga Pranayam Samily. Kishorenagar, Contai, Purba Medinipur



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Date-21.06.2021

Report of One Day Webinar On The Occasion Of International Yoga Day Celebration

7th International Yoga Day was organised virtually by the NSS Unit of Swarnamoyee Jogendranath Mahavidyalaya, in collaboration with Kanthi Yoga Pranayam Samiti on 21/06/2021 through a Webiner on Yoga for physical and mental well-being. The program began at 7:00 a.m. on Google meet platform, and was simultaneously broadcast on YouTube.

The Principal, Dr. Ratan Kumar Samanta delivered the welcome address and Dr. Parimal Mandal, Asst. Prof. and HOD, Dept. of Sanskrit. and the NSS programme officer of the college gave the keynote address.

The programme was graced by the presence of distinguished speakers and dignitaries: Dr. Anindya Kishor Bhaumik, President and founder of the college; Ex-Professor Gourhari Giri, Dept. of Botany, PK College, Contai and President, Kanthi Yoga Pranayam Samiti and Athilagori Yoga Culture Association, and Dr. Tapan Kumar De, NSS Coordinator and the HOD of Dept. of Philosophy, Vidyasagar University.

Assistant Professors Aparesh Mondal (HOD, Department of Geography) and Hiya Chatterjee(assistant Professor, Department of English) were the moderators of this programme.

The speakers elaborated yoga's benefit on physical and mental health during the COVID 19.Around 45 participants including 10 people of the adjacent area of SJ Mahavidyalaya were present in this session. Speakers demonstrated several technique. The program was concluded by the vote of thanks. After the program participants were given certificates.

The webinar on yoga organized by the NSS unit was a resounding success, drawing participants from diverse backgrounds. Speakers shared insights on yoga's benefits for physical and mental well-being, emphasizing its role in stress reduction and overall health enhancement. Interactive sessions fostered learning and engagement. It encouraged participants to integrated yoga into their daily lives for better physical and mental health.

Date-21.06.2021

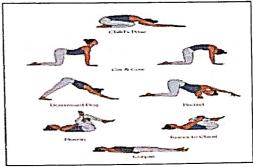
21-06,2 Principal/TIC

Swarnamoyee Jogendranath Mahavidyalaya

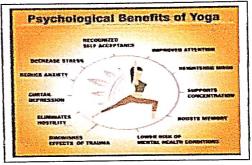
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РНОТО









Event: Webinar On The Occasion Of International Yoga Day Celebration Venue: Google Meet Date:21.06.2021

Principal



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RELIEF DISTRIBUTION FOR CYCLONE YASH AFFECTED PEOPLE

ORGANIZED BY

Swarnamoyee Jogendranath Mahavidyalaya, in collaboration with NSS unit and others.

DATE & TIME

22th June 2021, 9 AM

Venue: Kadirabadchar, Bamanchak, Khejuri, Purba Medinipur, West Bengal



्रकार स्थानिक क्षेत्रकार के बर्ग

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Ref.no- 29/C/21

Date-18.06.21

Notice

This is to notify that Swarnamoyee Jogendranath Mahavidyalaya, in collaboration with NSS unit and others are going to organize a Relief Distribution among the Yash devastated people of Kadirabadchak,Khejuri on 22.06.2021 at 9 AM. NSS unit, faculty members and administrative staff are requested to attend the said programme.

Principal 18.06:2021

Swarnamoyee Jogendranath Mahavidyalaya

Principal

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Date-22.06.21

Report of Relief Distribution for' Yash' cyclone devasted people

In response to devastated cyclone Yash the teaching staff, non-teaching staff, members of GB and NSS unit of Swarnamoyee Jogendranath Mahavidyalaya jointly took a great initiative to distribute grocery kits, medicine and educational equipment among 200 hundred affected people of Kadirachak and Dhoba Ghata Bamunchak under khejuri police station. On 22.06.2021 Dr Ratan Kumar Samantha, Principal of Swarnamoyee Jogendranath Mahavidyalaya Mahavidyalaya, GB member Dwijasis Bhowmik, distinguished teacher Swapan Kumar Ghanta, Dr. Nabakumar Das, SACT Nayan Kumar Giri, Narayan Bera and many others professors and non-teaching staff, NSS volunteers were present in the relief distribution ceremony. Their efforts will undoubtedly help alleviate some of the difficulties faced by people in the affected coastal areas.

Banal 22,06.2021

Swarnamoyee Jogendranath Mahavidyalaya

Principal



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PHOTO









Event: Relief Distribution for Cyclone Yash affected people Venue: Kadirarabadchak, Bamanchak, Khejuri

Date: 22.06.2021

Principal

Swamemoyee Jogendranath Mahavidyalman

Amdabad :: Purba Medinipur :: Pin-724....