



# SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

Govt. Aided General Degree College | Estd.: 2014  
At+P.O.: Amdabad, P.S.: Nandigram, Dist.: PurbaMedinipur, PIN 721650  
[www.sjmahavidyalaya.in](http://www.sjmahavidyalaya.in) | Email: [sjmahavidyalaya@gmail.com](mailto:sjmahavidyalaya@gmail.com)

## One Day Webinar On The Occasion Of International Yoga Day Celebration

Organised By

Nss Unit-I

Date & Time

21<sup>st</sup> June 2020 At 7:00 A.M.

Venue: Online (Zoom)

Amdabad, Purba Medinipur, West Bengal





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## NOTICE

### SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA

At+P.O.: Amdabad, P.S.: Nandigram, Dist.: Purba Medinipur, PIN:- 721650  
99328734, 847501133806, e-mail :- [sjmahavidyalaya@gmail.com](mailto:sjmahavidyalaya@gmail.com)

Notice no: 39/20



Date: 20.06.2020

## NOTICE

This Is To notify That The NSS Unit-1 of Swarnamoyee Jogendranath Mahavidyalaya will organize a one day online workshop on the occasion of International Yoga Day On 21<sup>st</sup> June 2020 At 7 am via Zoom.. All students, Faculty Members and administrative staff are requested to attend the programme.

*pmard* 20.06.2020

Teacher-in-Charge

SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA  
Amdabad, Purba Medinipur Pin-721650



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## Report

The NSS Unit 1 Of Swarnamoyee Jogendranath Mahavidyalaya Celebrated International Yoga Day With An Online Webinar On June 21, 2020, Starting At 7 Am. Divided into two parts, the event commenced with a practical yoga session led by instructors Arka Banerjee and Prantik Kole, followed by insightful speeches from eminent personalities. Dr. Anil Pratap Giri highlighted the necessity and effectiveness of yoga, emphasizing its pivotal role in stress management, overall well-being, and physical health enhancement. Dr. Tapan Kumar Dey, in his keynote address, further enriched the discussion on the importance of yoga. Despite initial technical glitches, Dr. Giri's informative presentation resonated with all participants, emphasizing yoga's ability to reduce stress, improve mood, and enhance physical fitness.

**Outcome:** The webinar drew 227 students from various colleges and universities nationwide, encouraging widespread engagement in yoga practices and principles. This event significantly raised awareness among participants about the benefits of yoga in managing stress and promoting overall well-being.



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## Participants' Registration Sheet

Sl No	Name	Designation	Institution Name
1.	Aparesh Mondal	Faculty(Assistant Professor)	Swarnamoyee Jogendranath Mahavidyalaya
2.	Pradip Das	4th Semester	Swarnamoyee Jogendranath Mahavidyalaya
3.	Manabendra Das		Kandra Radha Kanta Kundu Mahavidyalaya
4.	Sukumar Mondal	M.Ed	Visva-Bharati
5.	Sutapa Khatua	4th Sem	S.J.Mahavidyalalay
6.	Susmita Mandal		South Calcutta Girls' College
7.	Kuheli Banerjee	Geography Honours 4th Sem	South Calcutta Girl's College
8.	Dr.Amalendu Sahoo	Assistant Professor	Tamralipta Mahavidyalaya
9.	Debanwita Mukherjee	4th Semester	South Calcutta Girls'college
10.	Madhubanti Mukherjee	4th Semester	South Calcutta Girls' College
11.	Shrabanti Das	4th Semester	South Calcutta Girls College
12.	Riya Naskar	4th Semester	South Calcutta Girls College
13.	Madhubanti Mukherjee	4th Semester 2nd Year	South Calcutta Girl's College
14.	Tuhin Giri	4 Semester	Swarnamoyee Jogendranath Mahavidyalaya
15.	Tuhin Giri	4 Semester	Swarnamoyee Jogendranath Mahavidyalaya
16.	Tuhin Giri	4 Semester	Swarnamoyee Jogendranath Mahavidyalaya
17.	Nayan Kumar Patra	Office Assistant	Vidyasagar University
18.	Tamal Jana	Gppt & Nss Program Officer	Sankrail A B S Mahavidyalaya
19.	Bapan Mandal	...	Jadavpur University
20.	Bibhas Banik	Assistant Teachet	Nasra High School
21.	Joygopal Singha	Assistant Professor Of History	Gazole Mahavidyalaya
22.	Amlan Acharya	M.A. In Sanskrit	Pondicherry University
23.	Ajay Kumar Kar	Research Scholar (Ph.D)	Central Sanskriti University, Janakpuri, New Delhi
24.	Basudha Pramanik	M.Phil(2019)	Shri Jagannath Sanskrit



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			Vishvavidyalaya, Shri Vihar, Puri
25.	Puja Acharya	Research Scholar	Shri Jagannath Sanskrit Vishvavidyalaya
26.	Debashis Mishra	Phd Research Scholar	Pondicherry University, Puducherry
27.	Sanjitnbu@Gmail.Com	Assistant Professor	Santal Bidroha Sardha Satabarshiki Mahavidyalaya
28.	Amitakm1985@Gmail.Com	Nss Programme Officer	9153639169
29.	Dr. Subhamoy Pahari	Sact- I	Prabhat Kumar College, Contai
30.	Dr. Menakarani Sahoo	Assistant Professor Of Sanskrit	Shailabala Women's Autonomous College Cuttack Odisha India
31.	Dr Sushanta Day	Asst Professor	Silda C S College
32.	Satish Chandra Das	Ma In Sanskrit	Pondicherry University
33.	Anasuya Moharana	Phd Research Scholar	Pondicherry University
34.	Santosh Kumar	Research Scholar	Department Of History And Indian Culture, University Of Rajasthan, Jaipur
35.	Asmita Sutar	Associate Professor	Yashwant Ayurvedic College Kodoli Kolhapur Maharashtra
36.	Ujjwal Das	Phd	Pondicherry University
37.	Moumita Das	Assistant Professor	Egra S.S.B College
38.	Ravi Kumar	Phd Research Scholar	Department Of Sociology, Panjab University Chandigarh
39.	Arnabb04@Gmail.Com	Student	Bam Vivekananda B.Ed. College
40.	Arun Das	Govt.Approved Part-Time Teacher	Bhatter College, Dantan
41.	Himansu Kumar Mandal	Assistant Professor	Sabang Sajanikanta Mahavidyalaya, Vidyasagar University
42.	Debleena Banerjee	Student	Burdwan Raj College
43.	Papai Das	M.A In Sanskrit	University Of Gour Banga
44.	Prodyut Mandal	Student	Malda College
45.	Priyanka Singha	M.Phil	University Of Calcutta
46.	Himansu Kumar Mandal	Assistant Professor	Sabang Sajanikanta Mahavidyalaya
47.	Tanbir Shahnawaz	Assistant Professor	Assistant Professor
48.	Papai Das	Student	Adarshabani Teacher's Training Collage
49.	Maloy Ch Mandal	Sub Inspector Of	Samsi College



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		School	
50.	Arup Sarkar	Research Scholar	Banaras Hindu University
51.	Sanjay Samanta	Teacher	Swarnamoyee Jogendranath Mahavidyalaya
52.	Dr. Shiladitya Satpathi	Assistant Professor	Chakdaha College
53.	Jayanta Mondal	Research Scholar	Banaras Hindu University
54.	Surojit Basak	Student	Adarshabani Teacher Training College
55.	Utpal Kanji	Assistant Professor	Shibpur Dinobundhoo Institution (College), Howrah
56.	Dr. Piyush Aggarwal	Tgt Sanskrit	Government Model Senior Secondary School Sector 28 D Chandigarh
57.	Sanjay Samanta	Sact	Swarnamoyee Jogendranath Mahavidyalaya
58.	Chhattu Pramanik	Hm	University Of Gour Banga
59.	Prof. Biswajit Sarkar	Assistant Professor	Berhampore Bed College
60.	Durba Basu	Assistant Professor, Dept Of English	Swarnamoyee Jogendranath Mahavidyalaya
61.	Bikash Mandal	Ph.D Research Scholar In Sanskrit	Pondicherry University
62.	Goutam Mishra	Assistant Professor	Sovarani Memorial College
63.	Debleena Banerjee	Student	Burdwan Raj College
64.	Suvashree Roy Chowdhury	Assistant Professor	Baneswar Sarathibala Mahavidyalaya
65.	Dr. Biswanath Das	Assistant Professor	Santaldih College, Purulia
66.	Raju Mandal	Student	Jadavpur University
67.	Samadhan Gaikwad	Ph.D Reserch Scholar	Department Of History Savitribai Phule Pune University
68.	Manas Kumar Mahanta	Odisha	Pondicherry University
69.	Arpita Majumder	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
70.	Sandip Das	Ex Student	Swarnamoyee Jogendranath Mayavidyalaya
71.	Chandrani Mahato	Research Scholar	Pondicherry University
72.	Probir Naskar	Assistant Professor	Ramnagar College, Purba Medinipur
73.	Sanjay Samanta	Sact	Swarnamoyee Jogendranath Mahavidyalaya
74.	Anusrita Mandal	Assistant Professor	Surendranath College



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75.	Soma Adhikary	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
76.	Anusrita Mandal	Assistant Professor	Surenranath College
77.	Dr. Nibedita Banerjee	Assistant Professor	Amrita Vishwa Vidyapeetham
78.	Mira Parai (Sen)	Teacher	Chaipat S P B Mahavidyalaya
79.	Dipankar Basak	B.A	Surenranath College
80.	Dr. Sristidhar Bera	Assistant Professor	Gourav Guin Memorial College
81.	Rajesh Pramanik	Scholar (Ph. D.)	Banaras Hindu University
82.	Subhasish Tripathy	Student	Mits School Of Biotechnology
83.	Mithun Mandal	Student	Malda College
84.	Binoy Krishna Gayen	Clerk	Swarnamoyee Jogendranath Mahavidyalaya
85.	Md Abid Azad	Assistance Professor	Mahishadal Raj College
86.	Bikram Mandal	897291	Manikchak College
87.	Bikram Mandal	897291	Manikchak College
88.	Madhab Pramanik	Student	Manikchak College
89.	Bikram Mandal	Student	Adarshabani Teacher Training College
90.	Dr. Akash Biswas	Assistant Proffesor	Sreegopal Banerjee College
91.	Anupmandal	Gobardhantola	Imps
92.	Madhab Pramanik	Student	Manikchak College
93.	A	A	A
94.	Rajkumar Pramanik	Mithun	Manikchak College
95.	Sovangi Dutta	Nss Volenteer	Netaji Satabarshiki Mahavidyalaya
96.	Sayani Chowdhury	Student	The University Of Burdwan
97.	Debleena Banerjee	Student	Burdwan Raj College
98.	Situ Mandal	Mr..	Malda College
99.	Gopal Pradhan	Student Or Nss Volunteer	Swarnamoyee Jogendranath Mahavidyalaya
100.	Gopal Pradhan	Student Or Nss Volunteer	Swarnamoyee Jogendranath Mahavidyalaya
101.	Kamalesh Dinda	Student	Swarnamoyee Jogendranath Mahavidyalaya
102.	Bikram Mandal	Student	Adarshabani Teacher Training College
103.	Ranjit Bhakat	Assistant Professor	Asansol Girls' College
104.	Prasenji Hatui	Student	Gourav Guin Memorial College
105.	Aparna Makur	Student	Gourav Guin Memorial College
106.	Dr. Amal Giri	Assistant	Government General Degree



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		Professor	College, Dantan Ii
107.	Puspita Pradhan	Student	Swarnamoyee Jogendranath Mahavidyalaya
108.	Dipali Kar	Student	Swarnamoyee Jogendranath Mahavidyalaya
109.	Kartic Ghosh	Nss Volunteer	Vidyasagar University
110.	Rita Roy	Student	Raiganj University
111.	Pratima Ghorai	Nss Volunteer	Vidyasagar University
112.	Chanchal Ghosh	Guest Lecturer	Nagar College
113.	Chandan Parida	Phd Research Scholar	Pondichery University
114.	Harapriya Behera	Student	Utkal University
115.	Kabita Prusti	M.Phil	Shailabala Women's College , Cuttack ,Odisha
116.	Manoj Kumar Parida	Students	Utkal University , Vani Vihar
117.	Manoj Kumar Parida	Students	Utkal University , Vani Vihar
118.	Tapas Paul	Student	Adarshabani Teacher Training College
119.	Aritri Banerjee	4th Sem	South Calcutta Girls College
120.	Sneha Das	Student	Chanchal College
121.	Bikram Mandal	Bikram Mandal	Manikchak College
122.	Sachindranath Mandal	Assistant Professor	Moyna College
123.	Arpita Bhunia	Student	Vidyasagar University
124.	Bikram Mandal	Student	Manikchak College
125.	Aparna Makur	Student	Gourav Guin Memorial College
126.	Anil Pratap Giri	Associate Professor	Mahatma Gandhi Central University
127.	Tarun Roy	Research Scholar	Visva-Bharati University
128.	Sujoy Paul	M.A	Vidyasagar University
129.	Dipti Mahata	Student	Vidyasagar University
130.	Sachindranath Mandal	Assistant Professor	Moyna College
131.	Sachindranath Mandal	Assistant Professor	Moyna College
132.	Sachindranath Mandal	Assistant Professor	Moyna College
133.	Dr. Samit Kumar Das	Assistant Professor	Nikhil Banga Sikshan Mahavidyalaya
134.	Moyazzem Hossain	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
135.	Moyazzem Hossain	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
136.	Kartik Mondal	Student	Mahisadal Raj College
137.	Sumana Karmakar	M.A	University Of Calcutta





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138.	Rashmi Pal	Na	University Of Delhi, Delhi
139.	Kabita Das	Geography	Swarnamoyee Jogendranath Mahavidyalay
140.	Kabita Das	Geography	Swarnamoyee Jogendranath Mahavidyalay
141.	Moni Jana	Student	Vidyasagar University
142.	Manasi Maity	Teacher	Swarnamoyee Jogendranath Mahavidyalay
143.	Kiran Kumar Tudu	Student	Utkal University , Vani Vihar , Bhubaneswar
144.	Riya Mandal	Student	Knowledge Valley College Of Education
145.	Arnab Banerjee	Student	Bam Vivekananda B.Ed. College
146.	Tamal Jana	Gappt & Nss Program Officer	Sankrail A B S Mahavidyalaya
147.	Chandan Parida	Phd Research Scholar	Pondichery University
148.	Manabendra Das	Assistant Professor	Kandra Radha Kanta Kundu Mahavidyalaya
149.	Dr. Nibedita Banerjee	Assistant Professor	Amrita Vishwa Vidyapeetham
150.	Bapan Mandal	...	Jadavpur University
151.	Manoj Kumar Parida	Students	Utkal University , Vani Vihar
152.	Satish Chandra Das	Scholar	Pondicherry University
153.	Prasenjit Hatui	Student	Gourav Guin Memorial College
154.	Surojit Basak	Student	Adarshabani Teacher Training College
155.	Basudha Pramanik	M.Phil(2019)	Shri Jagannath Sanskrit Vishvavidyalaya, Shri Vihar, Puri
156.	Arup Sarkar	Research Scholar	Banaras Hindu University
157.	Mr. Amit Kumar Mandal	Nss Programme Officer	Nawpukuria J. J. High School (H.S)
158.	Tarun Roy	Research Scholar	Visva-Bharati University
159.	Puja Acharya	Research Scholar	Shri Jagannath Sanskrit Vishvavidyalaya
160.	Aparna Makur	Student	Gourav Guin Memorial College
161.	Mr Arun Das	Govt. Approved Part-Time Teacher	Bhatter College,Dantan
162.	Chandrani Mahato	Research Scholar	Pondicherry University
163.	Amlan Acharya	M.A. In Sanskrit	Pondicherry University
164.	Dr. Amal Giri	Assistant Professor	Government General Degree College, Dantan Ii
165.	Moumita Das	Assistant	Egra S.S.B College



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		Professor	
166.	Goutam Mishra	Assistant Professor	Sovarani Memorial College
167.	Goutam Mishra	Assistant Professor	Sovarani Memorial College
168.	Prasenjit Hatui	Student	Gourav Guin Memorial College
169.	Probir Naskar	Assistant Professor	Ramnagar College, Purba Medinipur
170.	Soma Adhikary	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
171.	Samadhan Gaikwad	P	Ph.D Research Scholar
172.	Madhubanti Mukherjee	Student	South Calcutta Girls' College
173.	Durba Basu	Assistant Professor, Dept Of English	Swarnamoyee Jogendranath Mahavidyalaya
174.	Santosh Kumar	Research Scholar	Department Of History And Indian Culture, University Of Rajasthan, Jaipur
175.	Debleena Banerjee	Student	Burdwan Raj College
176.	Putul Das	Student	Nistarini Women's College, Purulia
177.	Puja Acharya	Research Scholar	Shri Jagannath Sanskrit Vishvavidyalaya
178.	Chanchal Ghosh	Guest Lecturer	Nagar College
179.	Bikash Mandal	Ph.D Research Scholar	Pondicherry University
180.	Prof. Biswajit Sarkar	Assistant Professor	Berhampore Bed College
181.	Sneha Das	Student	Gourbanga University
182.	Harapriya Behera	Student	Utkal University
183.	Dr. Biswanath Das	Guest Lecturer	Santaldih College, Purulia (West Bengal)
184.	Dr. Biswanath Das	Guest Lecturer	Santaldih College, Purulia (West Bengal)
185.	Sayani Chowdhury	Student	The University Of Burdwan
186.	Sukumar Mondal	Student	Visva-Bharati
187.	Sayani Chowdhury	Student	The University Of Burdwan
188.	Arpita Majumder	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
189.	Arnab Banerjee	Student	Bam Vivekananda B.Ed. College
190.	Kiran Kimar Tudu	Student	Utkal University Vani Vihar, Bhubaneswar
191.	Dr. Amalendu Sahoo	Assistant Professor	Tamralipta Mahavidyalaya
192.	Puspita Giri	Student	Swarnamoyee Jogendranath



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			Mahavidyalaya
193.	Kabita Prusti	M.Phil	Shailabala Women's College , Cuttack, Odisha
194.	Uttam Mandal	Chain	Moha Maya Ram Shyam
195.	Dr. Sanjit Kumar Shil Sharma	Assistant Professor	Santal Bidroha Sardha Satabarshiki Mahavidyalaya
196.	Bikram Mandal	Student	Adarshabani Teacher Training College
197.	Tamal Jana	Gappt & Nss Program Officer	Sankrail A B S Mahavidyalaya
198.	Dr. Samit Kumar Das	Assistant Professor	Nikhil Banga Sikshan Mahavidyalaya
199.	Dr. Banashree Sarkar	Assistant Professor	Bhattadev University, Bajali, Assam
200.	Hiya Chatterjee	Assistant Professor	Swarna Moyee Jogendranath Mahavidyalaya
201.	Pratima Ghorai	Nss Volunteer	Vidyasagar University
202.	Pratima Ghorai	Nss Volunteer	Vidyasagar University
203.	Suvashree Roy Chowdhury	Assistant Professor	Baneswar Sarathibala Mahavidyalaya
204.	Dr.Subhamoy Pahari	Sact-I Prabha	Prabhat Kumar College, Contai
205.	Jayanta Mondal	Research Scholar	Banaras Hindu University
206.	Debleena Banerjee	Student	Burdwan Raj College
207.	Dr.Sristidhar Bera	Assistant Professor	Gourav Guin Memorial College
208.	Subhasish Tripathy	Student	Mits School Of Biotechnology
209.	Dr Arun Bose	Lecturer	Gldm Degree College Hiranagar
210.	Subrata Bera	Clerk	Swarnamoyee Jogendranath Mahavidyalaya
211.	Ayan Saha	Assistant Professor	Kidderpore College
212.	Ayan Saha	Assistant Professor.	Kidderpore College
213.	Riya Mandal	Student	Knowledge Valley College Of Education
214.	Sayani Chowdhury	Student	The University Of Burdwan
215.	Dr. Sanjit Kumar Shil Sharma	Assistant Professor	Santal Bidroha Sardha Satabarshiki Mahavidyalaya
216.	Aparesch Mondal	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
217.	Dipali Kar	Student	Swarnamoyee Jogendranath Mahavidyalaya
218.	Amlan Ghosal	Student	Midnapore College (Autonomous)



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219.	Arun Das	Govt.Approved Part-Time Teacher	Bhatter College, Dantan
220.	Priyanka Singha	M. Phil	University Of Calcutta
221.	Sushanta Das	Student	Purulia Netaji Vidyapith
222.	Amlan Ghosal	Student	Midnapore College (Autonomous)
223.	Raju Mandal	Student	Jadavpur University
224.	Mr Raju Sutradhar	Guest Lecturer	B.B.T.M College , Barabazar, Purulia
225.	J. Krishnan	Professor	Pondicherry University
226.	Dr Asha Vijai Rao, Gharonda	Managing Trustee	Gharonda

Sl No	Name	Designation	Institution Name
228.	Aparesh Mondal	Faculty(Assistant Professor)	Swarnamoyee Jogendranath Mahavidyalaya
229.	Pradip Das	4th Semester	Swarnamoyee Jogendranath Mahavidyalaya
230.	Manabendra Das		Kandra Radha Kanta Kundu Mahavidyalaya
231.	Sukumar Mondal	M.Ed	Visva-Bharati
232.	Sutapa Khatua	4th Sem	S.J.Mahavidyalaya
233.	Susmita Mandal		South Calcutta Girls' College
234.	Kuheli Banerjee	Geography Honours 4th Sem	South Calcutta Girl's College
235.	Dr.Amalendu Sahoo	Assistant Professor	Tamralipta Mahavidyalaya
236.	Debanwita Mukherjee	4th Semester	South Calcutta Girls'college
237.	Madhubanti Mukherjee	4th Semester	South Calcutta Girls' College
238.	Shrabanti Das	4th Semester	South Calcutta Girls College
239.	Riya Naskar	4th Semester	South Calcutta Girls College
240.	Madhubanti Mukherjee	4th Semester 2nd Year	South Calcutta Girl's College
241.	Tuhin Giri	4 Semester	Swarnamoyee Jogendranath Mahavidyalaya
242.	Tuhin Giri	4 Semester	Swarnamoyee Jogendranath Mahavidyalaya
243.	Tuhin Giri	4 Semester	Swarnamoyee Jogendranath Mahavidyalaya
244.	Nayan Kumar Patra	Office Assistant	Vidyasagar University
245.	Tamal Jana	Gaptt & Nss Program Officer	Sankrail A B S Mahavidyalaya
246.	Bapan Mandal	...	Jadavpur University
247.	Bibhas Banik	Assistant Teachet	Nasra High School
248.	Joygopal Singha	Assistant	Gazole Mahavidyalaya



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		Professor Of History	
249.	Amlan Acharya	M.A. In Sanskrit	Pondicherry University
250.	Ajay Kumar Kar	Research Scholar (Ph.D)	Central Sanskriti University, Janakpuri, New Delhi
251.	Basudha Pramanik	M.Phil(2019)	Shri Jagannath Sanskrit Vishvavidyalaya, Shri Vihar, Puri
252.	Puja Acharya	Research Scholar	Shri Jagannath Sanskrit Vishvavidyalaya
253.	Debashis Mishra	Phd Research Scholar	Pondicherry University, Puducherry
254.	Sanjitnbu@Gmail.Com	Assistant Professor	Santal Bidroha Sardha Satabarshiki Mahavidyalaya
255.	Amitakm1985@Gmail.Com	Nss Programme Officer	9153639169
256.	Dr. Subhamoy Pahari	Sact- I	Prabhat Kumar College, Contai
257.	Dr. Menakarani Sahoo	Assistant Professor Of Sanskrit	Shailabala Women's Autonomous College Cuttack Odisha India
258.	Dr Sushanta Day	Asst Professor	Silda C S College
259.	Satish Chandra Das	Ma In Sanskrit	Pondicherry University
260.	Anasuya Moharana	Phd Research Scholar	Pondicherry University
261.	Santosh Kumar	Research Scholar	Department Of History And Indian Culture,University Of Rajasthan,Jaipur
262.	Asmita Sutar	Associate Professor	Yashwant Ayurvedic College Kodoli Kolhapur Maharashtra
263.	Ujjwal Das	Phd	Pondicherry University
264.	Moumita Das	Assistant Professor	Egra S.S.B College
265.	Ravi Kumar	Phd Research Scholar	Department Of Sociology, Panjab University Chandigarh
266.	Arnabb04@Gmail.Com	Student	Bam Vivekananda B.Ed. College
267.	Arun Das	Govt.Approved Part-Time Teacher	Bhatter College,Dantan
268.	Himansu Kumar Mandal	Assistant Professor	Sabang Sajanikanta Mahavidyalaya ,Vidyasagar University
269.	Debleena Banerjee	Student	Burdwan Raj College
270.	Papai Das	M.A In Sanskrit	University Of Gour Banga
271.	Prodyut Mandal	Student	Malda College
272.	Priyanka Singha	M.Phil	University Of Calcutta
273.	Himansu Kumar Mandal	Assistant	Sabang Sajanikanta



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		Professor	Mahavidyalaya
274.	Tanbir Shahnawaz	Assistant Professor	Assistant Professor
275.	Papai Das	Student	Adarshabani Teacher's Training Collage
276.	Maloy Ch Mandal	Sub Inspector Of School	Samsi College
277.	Arup Sarkar	Research Scholar	Banaras Hindu University
278.	Sanjay Samanta	Teacher	Swarnamoyee Jogendranath Mahavidyalaya
279.	Dr. Shiladitya Satpathi	Assistant Professor	Chakdaha College
280.	Jayanta Mondal	Research Scholar	Banaras Hindu University
281.	Surojit Basak	Student	Adarshabani Teacher Training College
282.	Utpal Kanji	Assistant Professor	Shibpur Dinobundhoo Institution (College), Howrah
283.	Dr. Piyush Aggarwal	Tgt Sanskrit	Government Model Senior Secondary School Sector 28 D Chandigarh
284.	Sanjay Samanta	Sact	Swarnamoyee Jogendranath Mahavidyalaya
285.	Chhattu Pramanik	Hm	University Of Gour Banga
286.	Prof. Biswajit Sarkar	Assistant Professor	Berhampore Bed College
287.	Durba Basu	Assistant Professor, Dept Of English	Swarnamoyee Jogendranath Mahavidyalaya
288.	Bikash Mandal	Ph.D Research Scholar In Sanskrit	Pondicherry University
289.	Goutam Mishra	Assistant Professor	Sovarani Memorial College
290.	Debleena Banerjee	Student	Burdwan Raj College
291.	Suvashree Roy Chowdhury	Assistant Professor	Baneswar Sarathibala Mahavidyalaya
292.	Dr. Biswanath Das	Assistant Professor	Santaldih College, Purulia
293.	Raju Mandal	Student	Jadavpur University
294.	Samadhan Gaikwad	Ph.D Reserch Scholar	Department Of History Savitribai Phule Pune University
295.	Manas Kumar Mahanta	Odisha	Pondicherry University
296.	Arpita Majumder	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
297.	Sandip Das	Ex Student	Swarnamoyee Jogendranath Mayavidyalaya



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298.	Chandrani Mahato	Research Scholar	Pondicherry University
299.	Probir Naskar	Assistant Professor	Ramnagar College, Purba Medinipur
300.	Sanjay Samanta	Sact	Swarnamoyee Jogendranath Mahavidyalaya
301.	Anusrita Mandal	Assistant Professor	Surendranath College
302.	Soma Adhikary	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
303.	Anusrita Mandal	Assistant Professor	Surendranath College
304.	Dr. Nibedita Banerjee	Assistant Professor	Amrita Vishwa Vidyapeetham
305.	Mira Parai (Sen)	Teacher	Chaipat S P B Mahavidyalaya
306.	Dipankar Basak	B.A	Surendranath College
307.	Dr. Sristidhar Bera	Assistant Professor	Gourav Guin Memorial College
308.	Rajesh Pramanik	Scholar (Ph. D.)	Banaras Hindu University
309.	Subhasish Tripathy	Student	Mits School Of Biotechnology
310.	Mithun Mandal	Student	Malda College
311.	Binoy Krishna Gayen	Clerk	Swarnamoyee Jogendranath Mahavidyalaya
312.	Md Abid Azad	Assistance Professor	Mahishadal Raj College
313.	Bikram Mandal	897291	Manikchak College
314.	Bikram Mandal	897291	Manikchak College
315.	Madhab Pramanik	Student	Manikchak College
316.	Bikram Mandal	Student	Adarshabani Teacher Training College
317.	Dr. Akash Biswas	Assistant Proffesor	Sreegopal Banerjee College
318.	Anupmandal	Gobardhantola	Imps
319.	Madhab Pramanik	Student	Manikchak College
320.	A	A	A
321.	Rajkumar Pramanik	Mithun	Manikchak College
322.	Sovangi Dutta	Nss Volenteer	Netaji Satabarshiki Mahavidyalaya
323.	Sayani Chowdhury	Student	The University Of Burdwan
324.	Debleena Banerjee	Student	Burdwan Raj College
325.	Situ Mandal	Mr..	Malda College
326.	Gopal Pradhan	Student Or Nss Volunteer	Swarnamoyee Jogendranath Mahavidyalaya
327.	Gopal Pradhan	Student Or Nss Volunteer	Swarnamoyee Jogendranath Mahavidyalaya
328.	Kamalesh Dinda	Student	Swarnamoyee Jogendranath Mahavidyalaya



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329.	Bikram Mandal	Student	Adarshabani Teacher Training College
330.	Ranjit Bhakat	Assistant Professor	Asansol Girls' College
331.	Prasenji Hatui	Student	Gourav Guin Memorial College
332.	Aparna Makur	Student	Gourav Guin Memorial College
333.	Dr. Amal Giri	Assistant Professor	Government General Degree College, Dantan Ii
334.	Puspita Pradhan	Student	Swarnamoyee Jogendranath Mahavidyalaya
335.	Dipali Kar	Student	Swarnamoyee Jogendranath Mahavidyalaya
336.	Kartic Ghosh	Nss Volunteer	Vidyasagar University
337.	Rita Roy	Student	Raiganj University
338.	Pratima Ghorai	Nss Volunteer	Vidyasagar University
339.	Chanchal Ghosh	Guest Lecturer	Nagar College
340.	Chandan Parida	Phd Research Scholar	Pondichery University
341.	Harapriya Behera	Student	Utkal University
342.	Kabita Prusti	M.Phil	Shailabala Women's College , Cuttack ,Odisha
343.	Manoj Kumar Parida	Students	Utkal University , Vani Vihar
344.	Manoj Kumar Parida	Students	Utkal University , Vani Vihar
345.	Tapas Paul	Student	Adarshabani Teacher Training College
346.	Aritri Banerjee	4th Sem	South Calcutta Girls College
347.	Sneha Das	Student	Chanchal College
348.	Bikram Mandal	Bikram Mandal	Manikchak College
349.	Sachindranath Mandal	Assistant Professor	Moyna College
350.	Arpita Bhunia	Student	Vidyasagar University
351.	Bikram Mandal	Student	Manikchak College
352.	Aparna Makur	Student	Gourav Guin Memorial College
353.	Anil Pratap Giri	Associate Professor	Mahatma Gandhi Central University
354.	Tarun Roy	Research Scholar	Visva-Bharati University
355.	Sujoy Paul	M.A	Vidyasagar University
356.	Dipti Mahata	Student	Vidyasagar University
357.	Sachindranath Mandal	Assistant Professor	Moyna College
358.	Sachindranath Mandal	Assistant Professor	Moyna College
359.	Sachindranath Mandal	Assistant Professor	Moyna College





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360.	Dr. Samit Kumar Das	Assistant Professor	Nikhil Banga Sikshan Mahavidyalaya
361.	Moyazzem Hossain	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
362.	Moyazzem Hossain	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
363.	Kartik Mondal	Student	Mahisadal Raj College
364.	Sumana Karmakar	M.A	University Of Calcutta
365.	Rashmi Pal	Na	University Of Delhi, Delhi
366.	Kabita Das	Geography	Swarnamoyee Jogendranath Mahavidyalay
367.	Kabita Das	Geography	Swarnamoyee Jogendranath Mahavidyalay
368.	Moni Jana	Student	Vidyasagar University
369.	Manasi Maity	Teacher	Swarnamoyee Jogendranath Mahavidyalay
370.	Kiran Kumar Tudu	Student	Utkal University , Vani Vihar , Bhubaneswar
371.	Riya Mandal	Student	Knowledge Valley College Of Education
372.	Arnab Banerjee	Student	Bam Vivekananda B.Ed. College
373.	Tamal Jana	Gappt & Nss Program Officer	Sankrail A B S Mahavidyalaya
374.	Chandan Parida	Phd Research Scholar	Pondichery University
375.	Manabendra Das	Assistant Professor	Kandra Radha Kanta Kundu Mahavidyalaya
376.	Dr. Nibedita Banerjee	Assistant Professor	Amrita Vishwa Vidyapeetham
377.	Bapan Mandal	...	Jadavpur University
378.	Manoj Kumar Parida	Students	Utkal University , Vani Vihar
379.	Satish Chandra Das	Scholar	Pondicherry University
380.	Prasenjtit Hatui	Student	Gourav Guin Memorial College
381.	Surojit Basak	Student	Adarshabani Teacher Training College
382.	Basudha Pramanik	M.Phil(2019)	Shri Jagannath Sanskrit Vishvavidyalaya, Shri Vihar, Puri
383.	Arup Sarkar	Research Scholar	Banaras Hindu University
384.	Mr. Amit Kumar Mandal	Nss Programme Officer	Nawpukuria J. J. High School (H.S)
385.	Tarun Roy	Research Scholar	Visva-Bharati University
386.	Puja Acharya	Research Scholar	Shri Jagannath Sanskrit Vishvavidyalaya
387.	Aparna Makur	Student	Gourav Guin Memorial



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			College
388.	Mr Arun Das	Govt. Approved Part-Time Teacher	Bhatter College,Dantan
389.	Chandrani Mahato	Research Scholar	Pondicherry University
390.	Amlan Acharya	M.A. In Sanskrit	Pondicherry University
391.	Dr. Amal Giri	Assistant Professor	Government General Degree College, Dantan Ii
392.	Moumita Das	Assistant Professor	Egra S.S.B College
393.	Goutam Mishra	Assistant Professor	Sovarani Memorial College
394.	Goutam Mishra	Assistant Professor	Sovarani Memorial College
395.	Prasenjit Hatui	Student	Gourav Guin Memorial College
396.	Probir Naskar	Assistant Professor	Ramnagar College, Purba Medinipur
397.	Soma Adhikary	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
398.	Samadhan Gaikwad	P	Ph.D Research Scholar
399.	Madhubanti Mukherjee	Student	South Calcutta Girls' College
400.	Durba Basu	Assistant Professor, Dept Of English	Swarnamoyee Jogendranath Mahavidyalaya
401.	Santosh Kumar	Research Scholar	Department Of History And Indian Culture,University Of Rajasthan,Jaipur
402.	Debleena Banerjee	Student	Burdwan Raj College
403.	Putul Das	Student	Nistarini Women's College, Purulia
404.	Puja Acharya	Research Scholar	Shri Jagannath Sanskrit Vishvavidyalaya
405.	Chanchal Ghosh	Guest Lecturer	Nagar College
406.	Bikash Mandal	Ph.D Research Scholar	Pondicherry University
407.	Prof. Biswajit Sarkar	Assistant Professor	Berhampore Bed College
408.	Sneha Das	Student	Gourbanga University
409.	Harapriya Behera	Student	Utkal University
410.	Dr. Biswanath Das	Guest Lecturer	Santaldih College, Purulia (West Bengal)
411.	Dr. Biswanath Das	Guest Lecturer	Santaldih College, Purulia (West Bengal)
412.	Sayani Chowdhury	Student	The University Of Burdwan
413.	Sukumar Mondal	Student	Visva-Bharati
414.	Sayani Chowdhury	Student	The University Of Burdwan
415.	Arpita Majumder	Assistant	Swarnamoyee Jogendranath



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		Professor	Mahavidyalaya
416.	Arnab Banerjee	Student	Bam Vivekananda B.Ed. College
417.	Kiran Kimar Tudu	Student	Utkal University Vani Vihar, Bhubaneswar
418.	Dr. Amalendu Sahoo	Assistant Professor	Tamralipta Mahavidyalaya
419.	Puspita Giri	Student	Swarnamoyee Jogendranath Mahavidyalaya
420.	Kabita Prusti	M.Phil	Shailabala Women's College, Cuttack, Odisha
421.	Uttam Mandal	Chain	Moha Maya Ram Shyam
422.	Dr. Sanjit Kumar Shil Sharma	Assistant Professor	Santal Bidroha Sardha Satabarshiki Mahavidyalaya
423.	Bikram Mandal	Student	Adarshabani Teacher Training College
424.	Tamal Jana	Gappt & Nss Program Officer	Sankrail A B S Mahavidyalaya
425.	Dr. Samit Kumar Das	Assistant Professor	Nikhil Banga Sikshan Mahavidyalaya
426.	Dr. Banashree Sarkar	Assistant Professor	Bhattadev University, Bajali, Assam
427.	Hiya Chatterjee	Assistant Professor	Swarna Moyee Jogendranath Mahavidyalaya
428.	Pratima Ghorai	Nss Volunteer	Vidyasagar University
429.	Pratima Ghorai	Nss Volunteer	Vidyasagar University
430.	Suvashree Roy Chowdhury	Assistant Professor	Baneswar Sarathibala Mahavidyalaya
431.	Dr. Subhamoy Pahari	Sact-I Prabha	Prabhat Kumar College, Contai
432.	Jayanta Mondal	Research Scholar	Banaras Hindu University
433.	Debleena Banerjee	Student	Burdwan Raj College
434.	Dr. Sristidhar Bera	Assistant Professor	Gourav Guin Memorial College
435.	Subhasish Tripathy	Student	Mits School Of Biotechnology
436.	Dr Arun Bose	Lecturer	Gldm Degree College Hiranagar
437.	Subrata Bera	Clerk	Swarnamoyee Jogendranath Mahavidyalaya
438.	Ayan Saha	Assistant Professor	Kidderpore College
439.	Ayan Saha	Assistant Professor.	Kidderpore College
440.	Riya Mandal	Student	Knowledge Valley College Of Education
441.	Sayani Chowdhury	Student	The University Of Burdwan



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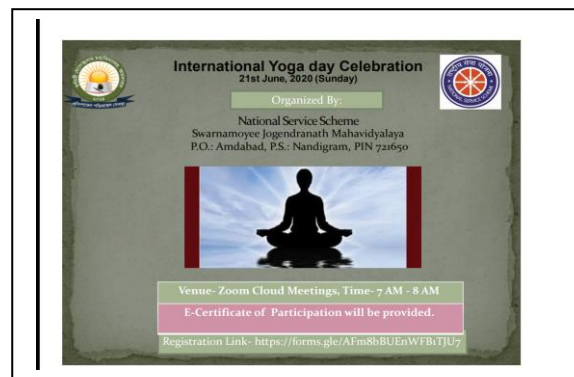
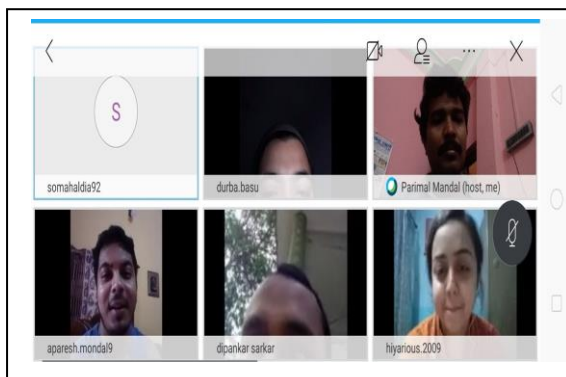
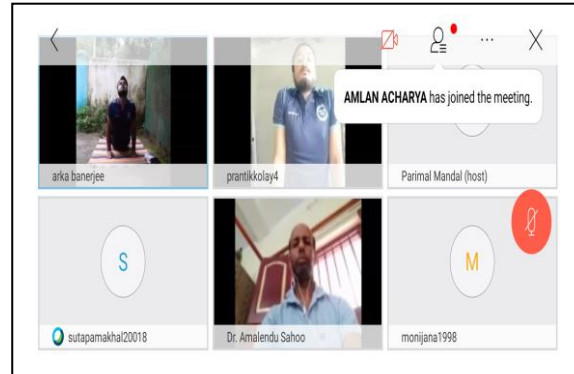
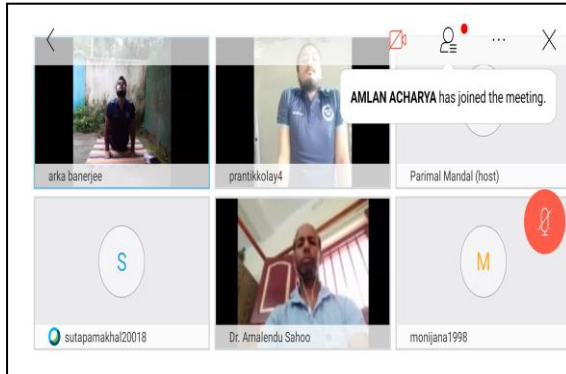
442.	Dr. Sanjit Kumar Shil Sharma	Assistant Professor	Santal Bidroha Sardha Satabarshiki Mahavidyalaya
443.	Aparesh Mondal	Assistant Professor	Swarnamoyee Jogendranath Mahavidyalaya
444.	Dipali Kar	Student	Swarnamoyee Jogendranath Mahavidyalaya
445.	Amlan Ghosal	Student	Midnapore College (Autonomous)
446.	Arun Das	Govt.Approved Part-Time Teacher	Bhatter College, Dantan
447.	Priyanka Singha	M. Phil	University Of Calcutta
448.	Sushanta Das	Student	Purulia Netaji Vidyapith
449.	Amlan Ghosal	Student	Midnapore College (Autonomous)
450.	Raju Mandal	Student	Jadavpur University
451.	Mr Raju Sutradhar	Guest Lecturer	B.B.T.M College , Barabazar, Purulia
452.	J. Krishnan	Professor	Pondicherry University
453.	Dr Asha Vijai Rao, Gharonda	Managing Trustee	Gharonda



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Screenshots from the Online Yoga Workshop held on 21.06.2020 at 7 am



27.06.2020

*Parimal Mandal*

Teacher-in-Charge

SWARNAMOYEE JOGENDRANATH MAHAVIDYALAYA  
Amdabad, Purba Medinipur Pin-721650